



**NHS Pharmacy First Scotland
Approved List of Products**

12th Edition: 1st October 2021
Review Date: 1st December 2021

Changes made in this Edition:

- Update the date of intended next edition of the Approved List (1st December 2021)
- Minor update to preface.
- Change of title of Section 1.2 – from Gripes/Colic/Wind Pain to Gastrointestinal Smooth Muscle Spasm
- Addition of guidance in Section 1.6 - Anusol HC suppositories and ointment (hydrocortisone containing products) to limit use to maximum of 7 days
- Update to Section 3.2 to include Ibuprofen 100 mg/ 5ml oral suspension x 100 ml
- Update to Section 3.2 to include Ibuprofen 400 mg tablets x 24
- Update to Section 3.2 to include Ibuprofen 200 mg tablets x 24
- Update to Section 5.0 to include Aciclovir for treatment of Shingles (5.10) and Flucloxacillin for treatment of Skin infections (5.11)
- Update to Section 6.1 Cystitis to include Nitrofurantoin as treatment option in Western Isles
- Change of title of Section 7.2 from Inflammation of Eye to Management of Dry Eye
- Creation of Section 7.3 – Allergic Eye Conditions
- Creation of Section 8.2 – Otitis Externa
- Update to Section 10.1 Skin – Greater Glasgow and Clyde treatment options
- Addition of the following products:
 - Section 1.2 Hyoscine butyl bromide 10 mg tablets x 20 – for the relief of spasm of the genito-urinary tract or gastro-intestinal tract and for the symptomatic relief of Irritable Bowel Syndrome
 - Section 2.3 Xylometazoline 0.05% drops x 10ml
 - Section 2.3 Xylometazoline 0.1% drops x 10ml
 - Section 2.3 Xylometazoline 0.1% nasal spray x 10ml
 - Section 3.2 and 4.1 Paracetamol 500mg soluble tablets x 24
 - Section 5.2 Miconazole 2% cream x 30 g
 - Section 5.3 Salicylic acid 12% and lactic acid 4% (Salatac) gel x 8 g
 - Section 8.2 Acetic acid 2% solution (Earcalm) x 5 ml
 - Section 11.1 ComfiGrip Elasticated bandage sizes B, C, D, E, F, G – 0.5 m and 1 m
- Removal of the following products:
 - Section 1.1 Ranitidine 75 mg tablets x 6, 12
 - Section 1.2 Simeticone 40 mg/ml suspension x 55 ml
 - Section 1.5 Docusate 100 mg capsules x 30
 - Section 2.3 Pseudoephedrine 30 mg/5ml oral solution x 100 ml
 - Section 2.3 Pseudoephedrine 60 mg tablets x 12
 - Section 5.2 Miconazole 2% cream x 15 g
 - Section 5.2 Terbinafine 1% cream x 7.5 g (discontinued)

Claims for the removed products will be accepted until 30th November, 2021. Thereafter, claims for these items will be rejected.

PLEASE NOTE: Thank you to all those who submitted suggestions for changes to this Approved List during the first full review. Each request has been carefully considered by a wide range of stakeholders with the final decision made by the Area Drugs and Therapeutics Committees Collaborative (ADTCC). The rationale for decisions taken by the ADTCC can be found in Appendix 1 at the end of this document.

The next full review of the NHS PFS Approved List is due in 2023. Details of how suggestions can be submitted will be communicated in due course.

In the meantime, if any problems with the current list are identified e.g. discontinued items, long term out of stock, please continue to report these to Community Pharmacy Scotland who will liaise with Scottish Government to address the issue.

NHS Pharmacy First Scotland: Approved list of products

Introduction

The Scottish Government NHS Circular [PCA\(P\)\(2020\)13](#), published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, hosts the approved list of products.

Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.

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1. Gastrointestinal System

1.1 Dyspepsia and Gastro-oesophageal reflux

1st Line	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	Pack Size	500 ml
1st Line	Peptac Liquid Aniseed	Pack Size	500 ml
1st Line	Peptac Liquid Peppermint	Pack Size	500 ml

1.2 Gastrointestinal smooth muscle spasm

	Hyoscine butyl bromide 10 mg tablets	Pack Size	20
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1.3 Irritable Bowel Syndrome

	Mebeverine 135 mg tablets	Pack Size	15
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1.4 Acute Diarrhoea

1st Line	Dioralyte oral powder sachets	Pack Size	6
1st Line	Rehydration Treatment granules 4.87 g	Pack Size	6
2nd Line	Loperamide 2 mg capsules	Pack Sizes	6, 10, 12

1.5 Constipation

	Ispaghula husk 3.5 g effervescent granules sachets gf sf	Pack Sizes	10, 30
	Macrogol compound oral powder sachets NPF sugar free	Pack Sizes	20, 30
	Bisacodyl 5 mg gastro-resistant tablets	Pack Sizes	10, 20
	Glycerol 1 g suppositories	Pack Size	12
	Glycerol 2 g suppositories	Pack Size	12
	Glycerol 4 g suppositories	Pack Size	12
	Senna 7.5 mg tablets	Pack Size	20
	Senna 7.5 mg/5 ml oral solution sugar free	Pack Size	150 ml
	Lactulose 3.1-3.7g/5ml oral solution	Pack Sizes	300 ml, 500 ml

1.6 Haemorrhoids

	Anusol Cream	Pack Size	23 g
	Anusol Ointment	Pack Size	25 g
	Anusol Plus HC Ointment <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	Pack Size	15 g
	Anusol Plus HC suppositories <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	Pack Size	12
	Anusol suppositories	Pack Size	12

2. Respiratory

2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg / ml oral solution sugar free	Pack Size	70 ml, 200 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg / 5ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg / 5ml sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml

2.2 Cough

	Simple linctus paediatric sugar free	Pack Size	200 ml
	Simple Linctus sugar free	Pack Size	200 ml

2.3 Nasal Congestion

	Xylometazoline 0.05% drops	Pack Size	10 ml
	Xylometazoline 0.1% drops	Pack Size	10 ml
	Xylometazoline 0.1% nasal spray	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops	Pack Size	10 ml

2.4 Nasal Allergy

	Beclometasone nasal spray 50 micrograms/dose	Pack Sizes	100 doses, 180 doses
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3. Central Nervous System

3.1 Travel sickness

	Cinnarizine 15 mg tablets	Pack Size	15
	Hyoscine hydrobromide 150 micrograms tablets	Pack Size	12
	Hyoscine hydrobromide 300 micrograms tablets	Pack Size	12

3.2 Analgesics and Antipyretics

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Paracetamol 120 mg /5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 250 mg /5 ml oral suspension sugar free	Pack Size	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets	Pack Size	24

3.3 Migraine and associated symptoms

	Aspirin dispersible 300 mg tablets	Pack Size	32
	Aspirin tablets 300 mg	Pack Size	32
	Prochlorperazine 3 mg buccal tablets	Pack Size	8
	Sumatriptan 50 mg tablets	Pack Size	2

4. Musculoskeletal & Joint

4.1 Musculoskeletal & Joint

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Ibuprofen 5% gel	Pack Sizes	30 g, 50 g
	Paracetamol 120 mg/5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 250 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets	Pack Size	24

5. Infections

5.1 Vaginal Candidiasis

	Clotrimazole 1% cream	Pack Size	20 g
	Clotrimazole 500 mg pessaries	Pack Size	1
	Fluconazole 150 mg capsule	Pack Size	1

5.2 Fungal Skin Infections (not nail)

	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% cream	Pack Size	30 g
	Terbinafine 1% cream	Pack Sizes	15 g

5.3 Preparations for warts and verrucae

	Occlusal 26% Solution	Pack Size	10 ml
	Salactol Paint	Pack Size	10 ml
	Salicylic acid 12% with lactic acid 4% gel (Salatac gel)	Pack Size	8 g

5.4 Cold sores

	Aciclovir cream 5%	Pack Size	2 g
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5.5 Threadworm

	Mebendazole 100 mg chewable tablets sugar free	Pack Size	1
	Mebendazole 100 mg/5 ml oral suspension	Pack Size	30 ml

5.6 Head lice

	Dimeticone 4% lotion	Pack Sizes	50 ml, 150 ml
	Dimeticone 4% cutaneous spray	Pack Size	120 ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty Gritty Nit Free	Pack Size	1

5.7 Scabies, Pubic (Crab) Lice

	Malathion 0.5% aqueous liquid	Pack Size	50 ml, 200 ml
	Permethrin 5% cream	Pack Size	30 g

5.9 Impetigo			
	Fusidic acid 2% cream (PGD)	Pack Size	15 g
	Hydrogen peroxide 1% (Crystacide)	Pack Size	40 g
5.10 Shingles			
	Aciclovir 400 mg tablets (PGD)	Pack Size	56
	Aciclovir 800 mg tablets (PGD)	Pack Size	35
	Aciclovir 400 mg dispersible tablets (PGD)	Pack Size	56
	Aciclovir 800 mg dispersible tablets (PGD)	Pack Size	35
5.11 Bacterial skin infections			
	Flucloxacillin 250 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 500 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 250 mg/5 ml oral solution (PGD)	Pack Size	100 ml

6. Urinary Tract Disorders

6.1 Cystitis

Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	N/A
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	N/A
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	N/A
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	Nitrofurantoin

Nitrofurantoin 50 mg tablets (PGD)	Pack Size	28
Nitrofurantoin 100 mg modified-release capsules (PGD)	Pack Size	14
Trimethoprim 100 mg tablets (PGD)	Pack Size	28
Trimethoprim 200 mg tablets (PGD)	Pack Size	6
Trimethoprim 200 mg tablets (PGD)	Pack Size	14
Sodium citrate 4 g oral granules sachets	Pack Size	6
Sodium citrate 4 g oral powder sachets	Pack Size	6
Potassium citrate 3 g granules sachets sugar free	Pack Size	6

7. Eye

7.1 Infected Eye

	Chloramphenicol 0.5% eye drops	Pack Size	10 ml
	Chloramphenicol 1% eye ointment	Pack Size	4 g

7.2 Management of Dry Eye

	Carbomer 0.2% eye gel *	Pack Size	10 g
	Carbomer 0.2% eye gel preservative free *	Pack Size	10 g
	Hilo Night eye ointment preservative free	Pack Size	5g
	Hypromellose 0.3% eye drops	Pack Size	10 ml
	Xailin Night eye ointment preservative free	Pack Size	5g

7.3 Allergic Eye Conditions

	Sodium cromoglicate 2% eye drops	Pack Sizes	5 ml, 10 ml
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*- please refer to Part 3 Eye Products of the Scottish Drug Tariff for eligible items and to the local Health Board formulary for preferred brands.

8. Ear

8.1 Removal of Ear Wax

1st Line:	Olive oil ear drops **	Pack Size	10 ml, 15 ml
2nd Line:	Sodium Bicarbonate 5% Ear Drops **	Pack size	10 ml

8.2 Otitis Externa

	Acetic acid 2% solution (Ear Calm)	Pack Size	5 ml
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**.-Please refer to Part 3 Ear Wax Softening Medical Devices Section of the Scottish Drug Tariff for eligible items, noting that only the listed pack sizes are reimbursable.

9. Mouth

9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	Pack Size	30 ml
	Benzydamine 0.15% mouthwash sugar free	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash – alcohol free	Pack Size	300 ml
	Anbesol liquid	Pack Sizes	10 ml
	Hydrocortisone mucoadhesive buccal tablets 2.5 mg	Pack Size	20

9.2 Oral Thrush

	Miconazole 2% w/w oral gel	Pack Size	15 g
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10. Skin

10.1 Eczema and Allergy

Lists for each NHS Board below

NHS Ayrshire & Arran

Emollients:

	Doublebase gel	Pack Sizes	100 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	500 g
	QV cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g

Emollient bath and shower additives:

	Hydromol Bath and Shower emollient	Pack Sizes	350 ml, 500 ml
	QV 85.09% bath oil	Pack Sizes	250 ml
	QV Gentle wash	Pack Sizes	250 ml, 500 ml

Bath/shower preparations with antimicrobials:

	Dermol 500 lotion	Pack Size	500 ml
	Dermol 600 bath emollient	Pack Size	600 ml
	Oilatum Plus bath additive	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Borders

Emollients:

	Aquamax cream	Pack Size	500 g
	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
	Doublebase Dayleve gel	Pack Sizes	100 g, 500 g
	Emollin spray	Pack Size	240 ml
	Hydromol intensive 10% cream	Pack Sizes	30 g, 100 g
	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	500 g
	QV cream	Pack Sizes	100 g, 500 g
	QV 5% skin lotion	Pack Size	500 ml

Emollient bath and shower additives:

	Doublebase emollient shower gel	Pack Size	200 g
	Hydromol Bath and Shower emollient	Pack Size	500 ml
	QV Gentle wash	Pack Sizes	250 ml, 500 ml

Bath/shower preparations with antimicrobials:

	Balneum Plus	Pack Size	500 ml
	Dermol 200 shower emollient	Pack Size	200 ml
	Dermol 500 lotion	Pack Size	500 ml
	Dermol 600 bath emollient	Pack Size	600 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment

NHS Dumfries & Galloway

Emollients:

1st Line	Epimax original cream	Pack Size	500 g
1st Line	ExoCream	Pack Size	500 ml
1st Line	Epimax isomol gel	Pack Size	500 g
2nd Line	QV cream	Pack Sizes	100 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg

Emollient bath and shower additives:

1st Line	Emulsifying ointment	Pack Sizes	500 g
2nd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
2nd Line	QV Gentle wash	Pack Sizes	250 ml, 500 ml

Bath/shower preparations with antimicrobials:

	Dermol 200 shower emollient	Pack Size	200 ml
	Dermol 600 bath emollient	Pack Size	600 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment

NHS Fife

Emollients:

1st Line	Oilatum cream	Pack Sizes	150 g, 500 ml
1st Line	QV cream	Pack Sizes	100 g, 500 g
1st Line	QV 5% skin Lotion	Pack Size	500 ml
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
1st Line	Hydrous ointment	Pack Size	500 g
2nd Line	Aveeno cream (ACBS)	Pack Sizes	100 ml, 300 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	Doublebase gel	Pack Sizes	100 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2nd Line	QV Intensive ointment	Pack Size	450 g

Emollient bath and shower additives:

1st Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
1st Line	QV Gentle wash	Pack Sizes	250 ml, 500 ml
2nd Line	QV 85.09% bath oil	Pack Sizes	250 ml

Bath/shower preparations with antimicrobials:

	Dermol 200 shower emollient	Pack Size	200 ml
	Dermol 500 lotion	Pack Size	500 ml
	Dermol 600 bath emollient	Pack Size	600 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Forth Valley

Emollients:

	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Sizes	250 g, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g
1 st Line	Epimax isomol gel (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
2 nd Line	Doublebase gel (if allergic to phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Epimax original cream (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Zerobase 11% cream (if allergic to phenoxyethanol)	Pack Sizes	50 g , 500 g
2 nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g
2 nd Line	QV cream	Pack Sizes	100 g, 500 g
	QV 5% skin lotion	Pack Sizes	250 ml, 500 ml
	Dermol cream	Pack Sizes	100 g, 500 g
1 st Line	Dermol 500 lotion (as Soap Substitute)	Pack Size	500 ml
2 nd Line	QV Gentle wash (as Soap Substitute)	Pack Sizes	250 ml, 500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Greater Glasgow and Clyde

Emollients:

	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	500 g
	Zerobase	Pack Size	50 g , 500 g
	Epimax ointment	Pack Size	125 g, 500 g
	Epimax Original cream	Pack Size	100 g, 500 g
	Epimax Isogel	Pack Size	100 g, 500 g

Emollient bath and shower additives:

	QV Gentle Wash	Pack Size	250 ml, 500 ml
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***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Grampian

Emollients:

Ointments:

1st Line	Epimax ointment	Pack Sizes	125 g, 500 g
	AproDerm ointment	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	Epimax paraffin-free ointment	Pack Size	500 g
	Cetraben ointment	Pack Size	450 g

Gels:

	Epimax isomol gel	Pack Sizes	100 g , 500 g
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Creams:

1st Line	Epimax original cream	Pack Sizes	100 g, 500 g
	AproDerm emollient cream	Pack Sizes	50 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g

Colloidal Oatmeal Creams:

1st Line	Epimax oatmeal cream	Pack Sizes	100 g, 500 g
	AproDerm Colloidal Oat cream	Pack Sizes	100 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g

Urea 5 % Creams:

	imuDERM emollient (urea 5%)	Pack Size	500 g
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Lotions:

	QV 5% skin lotion	Pack Sizes	250 ml, 500 ml
	Cetraben lotion	Pack Sizes	200 ml, 500 ml

Emollient bath and shower additives:

	QV Gentle wash (as a soap substitute)	Pack Sizes	250 ml, 500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

NHS Highland

Emollients:

	Diprobace cream	Pack Sizes	50 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Diprobace ointment	Pack Sizes	50 g, 500 g
	Epaderm ointment	Pack Sizes	125 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
	Yellow soft paraffin	Pack Size	500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

Emollient bath and shower additives:

	Balneum 84.75% bath oil	Pack Sizes	500 ml
	Emulsiderm emollient	Pack Size	300 ml
	Oilatum emollient	Pack Sizes	500 ml
	Oilatum Junior bath additive	Pack Size	150 ml, 300 ml, 600 ml

Bath/shower preparations with antimicrobials

	Dermol 200 shower emollient	Pack Size	200 ml
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***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Lanarkshire**Emollients:**

	ExoCream	Pack Size	500 ml
	Epimax Isomol gel	Pack Size	500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
	Emulsifying ointment	Pack Sizes	500 g

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Lothian

Emollients:

1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
1st Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
1st Line	ZeroAQS emollient cream	Pack Size	500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
2nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	QV Intensive Ointment	Pack Size	450 g
2nd Line	QV skin lotion 5%	Pack Sizes	250 ml, 500 ml

Emollient bath and shower additives:

	Hydromol Bath and Shower emollient	Pack Size	500 ml
	QV Gentle Wash	Pack Sizes	250 ml, 500 ml

Bath/shower preparations with antimicrobials:

	Dermol 200 shower emollient	Pack Size	200 ml
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***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Orkney**Emollients:**

	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Shetland

Emollients:

	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Tayside

Emollients:

Ointments:

1st Line	Epimax ointment	Pack Size	500 g
2nd Line	Aproderm ointment	Pack Size	500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g

Gel:

1st Line	Epimax isomol gel	Pack Size	500 g
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Creams:

1st Line	Epimax original cream	Pack Size	500 g
2nd Line	Zerobase 11% cream	Pack Size	500 g
3rd Line	Epimax oatmeal cream	Pack Size	500 g
3rd Line	QV cream	Pack Sizes	100 g, 500 g
3rd Line	QV 5% skin lotion (Hairy areas of skin)	Pack Size	500 ml

Emollient bath and shower additives:

1st Line	QV Gentle wash	Pack Sizes	250 ml, 500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Western Isles

See NHS Highland choices

10. Skin (cont.)

10.2 Nappy Rash

	Conotrane cream	Pack Sizes	100 g, 500 g
	Metanium Nappy Rash ointment	Pack Sizes	30 g
	Sudocrem antiseptic healing cream	Pack Sizes	125 g, 250 g, 400 g

10.3 Allergy/Itch

	Calamine Aqueous cream	Pack Size	100 g
	Clobetasone 0.05% cream	Pack Size	15 g
	Crotamiton 10% cream	Pack Sizes	30 g, 100 g
	Hydrocortisone 1% cream	Pack Size	15 g
	Menthol 1% in Aqueous cream****	Pack Size	100 g
	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg/ ml oral solution sugar free	Pack Size	70 ml, 200 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg/5 ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg/5 ml s/f	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml

10.4 Acne

	Acnecide 5% gel	Pack Size	30 g
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10.5 Scalp Disorders

	Capasal Therapeutic shampoo	Pack Size	250 ml
	Coal tar extract 2% shampoo	Pack Sizes	125 ml, 250 ml
	Ketoconazole shampoo 2%	Pack Sizes	60 ml, 100 ml
	Olive oil	Pack Size	92 ml
	Sebco ointment	Pack Sizes	40 g, 100 g
	Selenium sulfide 2.5% shampoo	Pack Sizes	50 ml, 100 ml, 150 ml

10.6 Boils

	Magnesium sulfate paste BP	Pack Sizes	25 g, 50 g
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****- Please refer to Part 2 Emollient and Barrier Preparations – Preparations containing menthol section of the Scottish Drug Tariff for reimbursable items, noting only 100 g pack size eligible.

11. Dressings and Appliances

11.1 Dressings

	Clinipore tape 2.5 cm x 5 m	Pack Size	1
	Melolin 10 cm x 10 cm	Pack Size	1
	Melolin 5 cm x 5 cm	Pack Size	1
	Mepore dressing 10 cm x 11 cm	Pack Size	1
	Mepore dressing 7 cm x 8 cm	Pack Size	1
	Micropore tape 2.5 cm x 5 m	Pack Size	1
	PremierPore VP dressing 10 cm x 10 cm	Pack Size	1
	PremierPore VP dressing 5 cm x 7 cm	Pack Size	1
	ComfiGrip Elasticated bandage size B	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size B	Pack Size	1 m
	ComfiGrip Elasticated bandage size C	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size C	Pack Size	1 m
	ComfiGrip Elasticated bandage size D	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size D	Pack Size	1 m
	ComfiGrip Elasticated bandage size E	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size E	Pack Size	1 m
	ComfiGrip Elasticated bandage size F	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size F	Pack Size	1 m
	ComfiGrip Elasticated bandage size G	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size G	Pack Size	1 m

APPENDIX 1

Rationale for ADTCC decisions on proposed amendments to the Approved List

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Co-magaldrox 195 mg/220 mg/5 ml oral suspension sugar free	Gastrointestinal	Dyspepsia and Gastro-oesophageal reflux	5	List as branded Mucogel	No change – product to remain as generic listing	Items usually described generically and this allows Mucogel to be supplied as cost effective option
Ranitidine 75 mg tablets	Gastrointestinal	Dyspepsia and Gastro-oesophageal reflux	5	Remove from list and replace with alternative	Remove from list	Ranitidine remains unavailable with no known resupply date. Consideration being given to addition of PGD for lansoprazole or omeprazole
Simeticone 40 mg / ml suspension	Gastrointestinal	Gripes / Colic/ Wind	5	Remove from list due to lack of evidence of efficacy	Remove from list	Removed due to lack of evidence of efficacy, associated BNF statement, CKS colic guidelines statement and ability to buy OTC.
Hyoscine butyl bromide 10 mg tablets	Gastrointestinal	Gripes / Colic/ Wind – Change title to Antispasmodics	5	Addition to list as no other product for relief of smooth muscle bowel spasm currently available	Addition to list.	To provide relief of smooth bowel cramps In line with local formulary choices.
Docusate 100 mg capsules	Gastrointestinal	Constipation	5	Remove from list due to lack of evidence for efficacy	Remove from list	Limited evidence for effectiveness jhm014020110.pdf (mledge.com)
Anusol Plus HC ointment	Gastrointestinal	Haemorrhoids	5	Issue more guidance on use	No change	Additional guidance to be attached to product use: Treatment should not be for longer than 7 days with hydrocortisone containing products
Anusol Plus HC suppositories	Gastrointestinal	Haemorrhoids	5	Issue more guidance on use	No change	Additional guidance to be attached to product use: Treatment should not be for longer than 7 days with hydrocortisone containing products

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Fexofenadine 120 mg tablets	Respiratory	Allergy	6	Addition to list to potentially reduce burden on GP system	No change at present	Not a formulary choice in most areas and have a number of antihistamines already available. Provides 2nd line alternative where cetirizine/loratadine have failed. Consideration being given to development of a national PGD.
Pseudoephedrine 30 mg/5ml oral solution	Respiratory	Nasal congestion	6	Remove from list as product not recommended by MHRA	Remove product	Removed from list due to MHRA and BNF advice re less suitable for prescribing. Locally acting xylometazoline products added as alternative treatment option
Pseudoephedrine hydrochloride 60 mg tablets	Respiratory	Nasal congestion	6	Remove from list as product not recommended by MHRA and replace with alternative product	Remove product	Removed from list due to MHRA and BNF advice re less suitable for prescribing. Locally acting xylometazoline products added as alternative treatment option.
Xylometazoline 0.05%, 0.1% drops 0.1% spray	Respiratory	Nasal congestion	6	Addition to list	Addition of product	Provides alternative treatment option following removal of pseudoephedrine. BNF safety information should be considered before supply.
Sterimar Breathe Easy Spray	Respiratory	Nasal congestion	6	Addition to list as easier to use than alternatives in category	No change	Product not on local Health Board formularies. Not cost effective compared to nasal drops
Beclometasone nasal spray 50 micrograms/dose	Respiratory	Nasal allergy	6	Consider PGD for POM product as more cost effective	No change	Retained on list as product is effective. PGDs bring an administrative / training burden. May be considered at same time as fexofenadine PGD
Mometasone nasal spray	Respiratory	Nasal allergy	6	Addition to list as alternative to beclometasone nasal spray	No change	Acknowledgement that this would provide an alternative but would bring administrative/training burden. May be considered at same time as fexofenadine PGD

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Co-codamol 8/500 mg tablets	Central Nervous System	Analgesics and antipyretics	6	Addition to list to provide a stronger option for pain relief	No change	Evidence of efficacy is limited. Product can be purchased OTC, or stronger pain relief can be obtained via Common Clinical Conditions service (IP Pharmacist)
Paracetamol 500mg soluble tablets	Central Nervous System	Analgesics and antipyretics	6	Addition to provide alternative for patients who can't swallow standard tablets	Addition of product	Note – that oral solution is currently available as option for patients who can't swallow standard tablets Ensure salt intake is considered when making recommendation
Prochlorperazine 3 mg tablets	Central Nervous System	Migraine and associated symptoms	6	Remove 3 mg and replace with 5 mg tablets	No change	Product is considered useful in treatment of vomiting when patients and professionals understand the place in therapy Consideration for PGD for 5 mg (but concern over administrative /training burden with using PGD)
Voltarol 1.16% gel	Musculoskeletal & Joint	Musculoskeletal & Joint	7	Addition to list to provide alternative	No change	Benefit over ibuprofen unclear. Cochrane review suggests ibuprofen is as good as other topical NSAIDs
Ibuprofen 5% gel	Musculoskeletal & Joint	Musculoskeletal & Joint	7	Remove current 5% product and replace with 10%	No change	Cochrane review suggests 10% did not give additional benefit over 5%. 10% is not in line with local formulary options

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Clotrimazole 2% cream	Infection	Vaginal candidiasis	7	Addition of stronger preparation	No change	Minimum effective concentration required to treat thrush can be achieved with 1% See Clotrimazole Cream 1% - Summary of Product Characteristics (SmPC) - (emc) (medicines.org.uk)
Clotrimazole 500mg pessary / 1% cream combination	Infection	Vaginal candidiasis	7	Addition of combination preparation for ease of dispensing	No change	Combination product contains 2% cream – see note above Continue to use individual products – fluconazole, clotrimazole pessary and 1% cream
Miconazole powder spray	Infection	Fungal infections (not nail)	7	Addition to help break the infection cycle in socks/shoes alongside cream	No change	Not on Health Board formularies. Self-care is preferred option
Miconazole 2% cream	Infection	Fungal infections (not nail)	7	Remove 15 g and replace with 30 g tube	Removal of c and replace with 30 g tube	Larger tube is more cost effective, and has wider range of indications
Amorolfine	Infection	Nail infection	7	Addition of product	No change	Not cost effective. Limited clinical effect. Not on Health Board formularies. Requires to arrange nail clippings for alternative oral treatments and therefore not suitable for community pharmacy service.
Terbinafine 1% cream 7.5 g	Infection	Fungal infection (not nail)	7	Removal of product	Remove 7.5 g tube and add 15 g tube	7.5 g tube is discontinued
Occlusal 26% solution	Infection	Preparations for warts and verrucae	7	Removal of product due to long term supply issue	No change	Retain Occlusal but review for continuing supply issues. Addition of Salatac gel to provide interim alternative (listed generically as salicylic acid with lactic acid)
Mebendazole 100 mg chewable tablets	Infection	Threadworm	7	Addition of family pack of 4 tablets	No change	Retain as single packs only. Whilst it is acknowledged that issuing treatment to individual family members is time consuming and increases workload, there is no alternative legal route of supply. Supplying the family pack does not provide individual supplies/records and remuneration for the care provided to each patient.

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Fusidic acid 1% viscous eye drops	Eye	Infection of eye	9	Addition requested by optometry for use where patient has sensitivity to chloramphenicol	No change	Product is POM. Outwith scope of PFS to supply at request of optometrist.
Xylometazoline 0.05% with antazoline 0.5% drops	Eye	Inflammation of eye	9	Addition requested by optometry as no product currently available on Approved List	No change	BNF advises against using combination eye products except after surgery. Combination products containing a corticosteroid with an anti-infective drug are sometimes used after ocular surgery to reduce inflammation and prevent infection; use of combination products is otherwise rarely justified.
Hypromellose 3% drops	Eye	Inflammation of eye (now Management of dry eye)	9	Removal requested by optometry as product deemed ineffective	No change	Hypromellose to remain on list as included in most Health Board formularies.
Hylofresh (0.03% sodium hyaluronate) drops	Eye	Inflammation of eye (now Management of dry eye)	9	Addition requested by optometry to effectively manage moderate dry eye without need for referral	No change	Further discussion is required between relevant stakeholders to agree how the optometry/pharmacy referral process continues under PFS.
Hylocare drops	Eye	Inflammation of eye (now Management of dry eye)	9	Addition requested by optometry to effectively manage moderate dry eye without need for referral	No change	Further discussion is required between relevant stakeholders to agree how the optometry/pharmacy referral process continues under PFS.
Visual XL Gel	Eye	Inflammation of eye (now Management of dry eye)	9	Addition requested by optometry to effectively manage moderate dry eye without need for referral	No change	Further discussion is required between relevant stakeholders to agree how the optometry/pharmacy referral process continues under PFS.

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Theoloz Duo	Eye	Inflammation of eye (now Management of dry eye)	9	Addition requested by optometry to effectively manage moderate dry eye without need for referral	No change	Further discussion is required between relevant stakeholders to agree how the optometry/pharmacy referral process continues under PFS.
Olopatadine	Eye	Allergic eye conditions	9	Addition requested by optometry as antihistamine option for allergy	No change	Product is POM. Outwith scope of PFS to supply at request of optometrist.
Acetic Acid 2% spray (Earcalm)	Ear	External infection	9	Addition of Ear Calm to manage otitis externa – no product currently available on Approved List	Addition	Addition of generic Acetic Acid 2 % spray allows management of otitis externa in community pharmacy therefore potentially reducing referrals to GP.
KliarVax Sodium Bicarbonate drops 5%	Ear	Removal of ear wax	9	Addition of alternative brand of medication	No change	Agreement to continue to have available as generic Sodium Bicarbonate 5% ear drops but ensure most cost effective brands are available.
Sodium bicarbonate 5% ear drops – Sai-Meds	Ear	Removal of ear wax	9	Addition of alternative brand of medication	No change	Current Tariff has 5 available products.
Sodium bicarbonate 5% ear drops – Thornton and Ross	Ear	Removal of ear wax	9	Addition of alternative brand of medication	No change	
Orabase paste	Mouth	Oral ulceration and inflammation	9	Addition provides alternative treatment for mouth ulcers	No change	Product is not licensed for oral use and is only reimbursable to those with contracts for provision of stoma items.

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Clobetasone 0.05% ointment	Skin	Allergy and itch	23	Addition to list	No change	Product is POM therefore would require a PGD and cream is available on PFS.
Hydrocortisone 1% ointment	Skin	Allergy and itch	23	Addition to list	No change	Product is not readily available as OTC preparation and cream is available on PFS.
Anthisan 2% cream	Skin	Allergy and itch	23	Addition to list	No change	No evidence for efficacy other alternatives available.
Inadine 5 x 5 dressing	Dressings and appliances	Dressings	24	Addition provides treatment option for minor infection of skin	No change	Using these dressings moves into more specialised care. If patient requires more than simple dressing, referral to healthcare professional with expertise in wound management.
Tubigrip	Dressings and appliances	Dressings	24	Additions provides alternative /adjunct to anti-inflammatories	Addition of product	Elasticated bandage to be added to list – most cost effective based on current Drug Tariff (October 2021) ComfiGrip should be used.
Duoderm Extra Thin Dressing	Dressings and appliances	Dressings	24	Addition to list	No change	Using these dressings moves into more specialised care. If patient requires more than simple dressing, referral to healthcare professional with expertise in wound management.
Ferrous sulphate tablets	Not applicable	Not applicable	N/A	Addition to list to support treatment of iron deficiency in pregnancy	No change	NHS Pharmacy First Scotland is designed as a consultation service to assess symptoms and provide appropriate response – advice only, treatment or referral to another healthcare professional. PFS is not a supply route.
Ferrous gluconate tablets	Not applicable	Not applicable	N/A	Addition to list to support treatment of iron deficiency in pregnancy	No change	NHS Pharmacy First Scotland is designed as a consultation service to assess symptoms and provide appropriate response – advice only, treatment or referral to another healthcare professional. PFS is not a supply route.
Healthy start vitamins	Not applicable	Not applicable	N/A	Addition to list	No change	NHS Pharmacy First Scotland is designed as a consultation service to assess symptoms and provide appropriate response – advice only, treatment or referral to another healthcare professional. PFS is not a supply route.