**Scottish Adult Cystic Fibrosis Service De-designation**

**FAQs**

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| What exactly is changing?  The Adult Cystic Fibrosis Service is moving from a national model to a regional one. Patients should see no difference in how they receive their treatments. |
| What is de-designation?  When a service is nationally designated it means that National Services Division (NSD) in NHS National Services Scotland commissions specialist services to provide support to patients living with a rare condition or who have highly specialist needs in Scotland. This currently includes the Adult Cystic Fibrosis Service. To meet national designation, services need to meet a set level of criteria, including patient numbers.  A review of the Adult Cystic Fibrosis (CF) Service took place in 2019. One of the review findings highlighted that the Adult CF Service no longer met the criteria for national designation. Due to better treatments, patient survival has improved and at the same time, the number of patients has increased. This means the Adult CF Service is more suited to being delivered at a regional level, to bring services closer to the communities where people live.  The National Specialist Services Committee (NSSC), which advocate for the population of Scotland and are a key part of the governance of specialist services, recommended that national designation should continue for three years while work was undertaken to de-designate and devolve funding to the regions.    The start of the de-designation process was delayed due to the COVID-19 pandemic, but work is now underway. NSD are working with regional Planning Directors and regional services to ensure effective transition from national to regional delivery. |
| Does this mean I will have to move centres?  No. Each service will continue to focus on the patient and the quality of care in the context of a patient-centered and accessible service for Scottish adults with cystic fibrosis. The de-designation process is work in the background, invisible to the patient.  The transition will be as seamless as possible, helped by the fact that the Service is already run out of three regional bases in NHS Greater Glasgow and Clyde, NHS Lothian, and NHS Grampian. |
| Will I see the same team? Will there be any other changes to my care as a result?  Patients should expect to receive care from the same team, with no impact or changes to them – this has been set as one of the success measures for the de-designation process. |
| I receive most of my treatment at home – how will this change impact me?  There should be no change or impact on care settings, including in a patients’ own home. The service delivery will continue to ensure equity of access to services designed to be inclusive, person-centered, safe, and compliant with quality standards. |
| How do I share my views?  NHSScotland is committed to ensuring that patients and their families are at the centre of shaping healthcare services.  Nearer the handover deadline patients will have the opportunity to voice their views and perspectives at a regional level, for example through focus groups. The CF service will also listen to patient views, give advice and address any concerns patients may have.  National charity Cystic Fibrosis Trust offers practical support and information for people living with CF and their families. Their [helpline](https://www.cysticfibrosis.org.uk/the-work-we-do/support-available/helpline) is available for anyone who has questions about CF. Likewise, [Butterfly Trust](https://www.butterflytrust.org.uk/) offers resources and support services for people affected by cystic fibrosis in Scotland.  You can also submit comments or questions to National Services Division by emailing [nss.specialistservices@nhs.scot](mailto:nss.specialistservices@nhs.scot) |
| Is this change being made to save money?  No. The service no longer meets the criteria for national designation due to the increasing numbers of CF patients. The standards and the quality of care will be maintained when the regional model is established. |
| Do I need to do anything?  There is no need for you to take any action. Services are expected to continue in the same manner with no changes to the patient experience. |