



# Scottish Health Technical Memorandum 2015

(Part 1 of 3)

Overview and management responsibilities

## Bedhead services

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## About this publication

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Scottish Health Technical Memoranda (SHTMs) give comprehensive advice and guidance on the design, installation and operation of specialised building and engineering technology used in the delivery of healthcare. They are applicable to new and existing sites, and are for use at various stages during the inception, design, construction, refurbishment and maintenance of a building. This is a Scottish Edition based on HTM 2015 published by NHS Estates in England.

### Health Technical Memorandum 2015: Scottish Edition

SHTM 2015 (Bedhead services) focuses on:

- a. the legal, mandatory and functional requirements;
- b. design applications;
- c. maintenance of systems; and
- d. operation of systems

of electrical, communications and medical gases terminal units required at the bedhead and at other patient locations in all types of healthcare premises.

It is published in three parts each addressing a specialist discipline:

- this part, **Overview and management responsibilities**, outlines the overall responsibility of general managers/chief executives of healthcare premises and details their legal and mandatory obligations in providing adequate electrical communications and medical gas pipeline system facilities for patients. It summarises the technical aspects involved and concludes with a list of definitions;
- **Design considerations** - highlights the overall requirements and considerations that should be applied to the design up to the contract document;
- **Operational management / Validation and verification** - provides guidance for those responsible for overseeing and operating day-to-day running and maintenance. Coverage includes voltage supplies, medical gas pipeline systems, instrumentation performance, quality of radio/television (TV) reception and alarm system function. Record keeping is also discussed. It also details the requirements for ensuring that manufactured equipment is formally tested and certified to contract, and manufactured to the highest level of quality assurance. The importance of commissioning is emphasised and the order of tests on



site is listed. Routine testing, which is a subset of these commissioning tests, is also reviewed.

Guidance in this Scottish Health Technical Memorandum is complemented by the library of National Health Service Model Engineering Specifications. Users of the guidance are advised to refer to the relevant specifications for:

- a. medical gases;(C11)
- b. common services electrical (low and extra-low);(C41)
- c. nurse call systems.(C49)

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# 1. Scope

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Guidance in this Scottish Health Technical Memorandum is complemented by the library of National Health Service Model Engineering Specifications.

- 1.1 Healthcare premises will achieve maximum efficacy when patients receive quality treatment appropriate to their needs with the minimum length of stay. To this end the services provided at the point of nursing, that is, at the bedhead, should be tailored to meet not only the short term requirements but also the longer term.

**NOTE:** The importance of achieving correct maintenance for complex equipment cannot be overstressed. Unless the management has complete confidence in the ability of the engineering staff to carry out adequate repairs and preventative maintenance, those functions should be assigned to the manufacturer or supplier.

- 1.2 The degree of sophistication will vary greatly over the range between low dependency areas such as geriatric assessment, and intensive care wards.
- 1.3 The degree of engineering necessary to provide the nominated services will be influenced by the building structure. Supporting equipment in lightweight walling consisting of composite partitioning will require a totally different approach to established solid walling with possible deep window recesses.
- 1.4 When microprocessors are used in alarm and control systems associated with the patient, this demands strict attention by both supplier and site management, to prevent potential problems with electrostatic discharges (ESD) derived from the high static voltages capable of being generated at the bedside. All electrical goods will need to comply with current legislation dealing with electromagnetic compatibility (EMC).

**NOTE:** Refer to SHTM 2014; Abatement of electrical interference.

## 2. Management Responsibilities

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### Statutory requirements and functional guidance

- 2.1 It is the responsibility of general managers/chief executives to ensure that their premises comply with all statutes.
- 2.2 Managers (owners or occupiers) of healthcare premises have an overriding general duty of care under the Health and Safety at Work etc Act 1974 (the HSW Act 1974).
- 2.3 Electrical supplies, manufactured equipment and work practices should comply with the following legislation and guidance in total or in part as applicable:
- The Electricity Act 1989 (Modification of Local Enactment) Scotland Order 1990;
  - the Electricity Supply Regulations, 1988 (as amended 1994);
  - the Electricity at Work Regulations 1989;
  - the Health and Safety (Safety Signs and Signals) Regulations 1996;
  - BS 7671: 1992 the Requirements for Wiring Installations (the IEE Wiring Regulations, Sixteenth Edition);
  - the Electromagnetic Compatibility Regulations 1992 as amended;
  - SHTM 2011; *Emergency electrical services*;
  - SHTM 2007; *Electrical services: supply and distribution*;
  - HTM 2014; *Abatement of electrical interference*;
  - The lighting guide - Hospitals and Health Care Buildings (LG2: CIBSE) and CIBSE Guide: Lighting for communal residential buildings (LG:3);
  - SHTM 2020; *Electrical safety code for low voltage systems*.

### Other obligations

- 2.4 Management have broader obligations to ensure that where facilities derive power from essential electrical supplies, these supplies are maintained during any short or long term interruptions in the normal supply. See SHTM 2011; *Emergency electrical services*.
- 2.5 Where bedhead services include medical gas pipeline systems, the design and maintenance of these will need to comply with SHTM 2022; *Medical gas pipeline systems*.

## Functional requirements

2.6 The following is a typical list of bedhead services, at least some of which will usually be required at any patient bed position; however, the list is not exhaustive:

- a. patient to staff calling device;
- b. staff to staff calling device (emergency);
- c. entertainment;
- d. medical gas pipeline system;
- e. mains power supplies;
- f. telephone outlet;
- g. patient monitoring apparatus;
- h. lighting for ward/patient reading;
- i. patient to nurse speech communication;
- j. computer outlet (patient-data);
- k. nurse to nurse speech communication;
- l. cardiac alarm.

2.7 In areas away from the bed, equipment associated with the bedhead services will be required, typically:

- a. nurse station or staff base – indicators, sounders, controls;
- b. treatment rooms, day-spaces, physiotherapy, hydrotherapy, toilets, bathrooms - calling and reset facilities;
- c. corridors, utility rooms, kitchen, sluice etc. – tone sounders and repeat indicator lights;
- d. engineers department – central radio/TV programme generation equipment;
- e. laundry/workshops – entertainment loudspeakers/control units.

## Operational management

2.8 Management should ensure that an operational plan is in place for each site under their control. This should comprise:

- a. a list and description of the main emergency plant and electrical equipment associated with the 240 V supply;
- b. a list showing the location of essential medical gas supply equipment such as plant and local area control valves;
- c. identification of qualified personnel with adequate training given by supplier;

- d. a schedule of maintenance dates for each class of equipment, and where maintenance is contracted out, details of contractors including call-out telephone numbers;
- e. a control system to monitor performance against the maintenance plan;
- f. an inventory of spare parts stock;
- g. a schedule of possible emergency incidents with remedial operational procedures;
- h. a routine of staff training in the operation of the various bedhead services.

## Designated staff functions

- 2.9 Only trained, authorised and competent persons should be appointed by management to control the operation of emergency services and to service/maintain the elements of bedhead services.
- 2.10 **Management** – the owner, occupier, employer, general manager, chief executive or other person who is accountable for the premises and is responsible for issuing or implementing a general policy statement under the HSW Act 1974.
- 2.11 **Designated person (electrical: low voltage)** – the person who has overall authority and responsibility for the premises containing the low voltage electrical systems within the premises, and with a duty under the HSW Act 1974 to prepare and issue a general policy statement on health and safety at work including the organisation and arrangements for carrying out that policy. This person should not be the authorising engineer.
- 2.12 **Duty holder** – the person on whom the Electricity at Work Regulations 1989 impose a duty in connection with safety.
- 2.13 **Authorising engineer (electrical: low voltage)** – a chartered engineer with appropriate experience or an incorporated electrical engineer, possessing the necessary degree of independence from local management, who is appointed in writing by the management to implement, administer and monitor the safety arrangements for the low voltage electrical supply and distribution systems of the premises, to ensure compliance with the Electricity at Work Regulations 1989 and to assess the suitability and appointment of candidates in writing to be "authorised persons - electrical: low voltage" (see SHTM 2020; *Electrical safety code for low voltage systems*).
- 2.14 **Authorised person (electrical: low voltage)** – an individual possessing adequate technical knowledge and having received appropriate training, appointed in writing by the authorising engineer to be responsible for the practical implementation and operation of management's safety policy and procedures on defined electrical systems (see SHTM 2020; *Electrical safety code for low voltage systems*).



- 2.15 **Competent person (electrical: low voltage)** – an individual who, in the opinion of an authorised person, has sufficient technical knowledge and experience to prevent danger while carrying out work on defined electrical systems.
- 2.16 **Authorised person (medical gas pipeline systems – MGPS)** – a person who has sufficient technical knowledge, training and experience to enable him/her to understand fully the dangers involved and who is appointed in writing by management on the recommendation of a chartered engineer with specialist knowledge of MGPS (refer to SHTM 2022; *Medical gas pipeline systems*).
- 2.17 **Competent person (MGPS)** – a person having sufficient knowledge and experience to enable him/her to carry out his/her duties in a competent manner and who understands fully the dangers involved and whose name is on the register of competent persons (MPGS) (refer to SHTM 2022; *Medical gas pipeline systems*).

## Definitions

- 2.18 **Injury** – death or personal injury from electric shock, electrical burn, electrical explosion or arcing, or from fire/explosion initiated by electrical energy or misuse/faults with medical gas supplies.
- 2.19 **System** – a system in which all the electrical equipment is, or may be, electrically connected to a common source of electrical energy, including such source and such equipment.
- 2.20 **Low voltage (LV)** – the existence of a potential difference (rms value for a.c.) normally not exceeding 1000 volts a.c. or 1500 volts d.c. between circuit conductors or 600 volts a.c. or 900 volts d.c. between circuit conductors and earth.

**NOTE:** The definition for low voltage incorporates the extra low voltage (ELV) range as defined in BS 7671 'Requirement For Electrical Installations' (the IEE Wiring Regulations).

- 2.21 **System (communication)** – a system designed to provide transfer of information between two or more locations, either by direct wiring or by other means. The system will embrace the necessary control units and power supplies.
- 2.22 **System (medical gas pipeline)** – a system designed to provide medical gases, medical compressed air and vacuum, derived from plant room, compound and/or manifold rooms and including all associated peripheral equipment such as regulators, area valves, alarm and control systems.



- 2.23 **Essential circuits** – circuits forming part of the essential services electrical supply so arranged that they can be supplied separately from the remainder of the electrical installation.
- 2.24 **Bedhead service** – a facility provided for patient and/or staff to enable the carrying out of medical and surgical functions and entertainment, comprising of a fixed installation behind or to the side of the bed but also embracing other areas of the ward or establishment to which or from which the bedhead service is connected for the purpose of support.

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### 3. Functional Overview

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#### Types of installation

- 3.1 This document is applicable primarily to new hospitals and major refurbishment work but the principles also apply to alterations and extensions to existing installations.
- 3.2 The rapid increase in demand for healthcare premises offering advanced surgical and medical care has led to a proportional increase in demand for enhanced facilities at the patient/nurse interface, for example bed, day space, treatment room, toilets.
- 3.3 The design of the bedhead services installation should, as far as possible, be ergonomically sound. Facilities that are difficult to use tend to be not used or wrongly used. Good accessibility is important for both the nurse and the patient.
- 3.4 Maintenance on some parts of the bedhead services installation may have to be on a regular basis, for example medical gas terminal units. All equipment should be afforded adequate access for maintenance to minimise downtime and disruption. Where extra cost put into the installation initially can be seen to achieve reduced maintenance effort or time, then this should be given due consideration.
- 3.5 Conventionally, extra low voltage (ELV) services to the bedhead can be supplied by hard wire systems using individual cables or on data cable using digital technology.
- 3.6 The electrical installation within the healthcare premises should be designed to minimise interruptions in the supply due to internal faults.
- 3.7 Modern electronic equipment will normally incorporate internal battery back-up supplies to maintain essential memory functions. It is nevertheless good practice to connect nurse call and similar systems to the emergency electrical services.
- 3.8 Where piped medical gas is provided at the bedhead, the gas installation may be separate or incorporated in the physical enclosures associated with the electrical services. In all cases the requirements of SHTM 2022; *Medical gas pipeline systems*, should be observed.

- 3.9 Typical means of installing the medical gas pipeline system and/or the electrical services to the bedhead will take one or more of the following methods:
- a. separate pipes and conduit tubes set into the wall structure and terminating in flush wall boxes housing the electrical service or gas terminal unit. The direction of travel is usually vertically from the ceiling voids. (It is normally the case that this method will only apply to new premises or major refurbishment of existing buildings.);
  - b. proprietary trunking surface fixed horizontally along the wall behind the bedhead. All electrical services and gas pipes can be accommodated together. Connection will still be made to the ceiling void either by conduits and pipes at the end of the horizontal run or by a vertical section of the trunking usually at the end of the horizontal run, or if necessary, part way along. The length of horizontal run is unlimited within reason and could embrace the length of several wards;
  - c. proprietary trunking surface fixed vertically to bring all services down to the bedhead from the ceiling void. Intensive therapy units may require more elaborate solutions.

**NOTE:** Also refer to ITU solutions in HBN 27. Although not adapted for use in Scotland, may be used with general caution.

- 3.10 Trunking systems can be justified, in terms of costs, where:
- a. there are a large number of services required at the bed;
  - b. wards are being upgraded and the existing building structure cannot be adapted to house concealed pipes and conduits;
  - c. walls consist of relatively lightweight material such as composite partitioning sometimes with a glazed upper half;
  - d. easy access may be required in the future for equipment modification or additional facilities;
  - e. the resulting service penetration of the wall partition could impair the fire compartmentation requirements.
- 3.11 The practice of mounting bedhead services within moveable lockers with a flexible connection to the wall is not recommended.
- 3.12 Where fixed lockers are positioned to the side of the bed and take up the full height between floor and ceiling, then it may be deemed preferable to flush mount all or some of the electrical services (not medical gas) into the side of the locker facing the patient.



- 3.13 In the majority of cases, a nurse will treat the patient from the right hand side. The facilities therefore should where practical be positioned on that side. In some cases treatment is required from the patient's left; the equipment should not be obscured if the bed or furniture is moved to allow treatment from that side. In critical cases, provision for treatment from either side is required.
- 3.14 Provision should be made to prevent the bed or bed attachments damaging the bedhead services equipment while the bed is being moved, raised or lowered.

### **Communication – patient/nurse**

- 3.15 For some in-patient accommodation, it is argued that any method of calling for assistance is likely to be misused, for example by children and psychiatric patients. A basic form of nurse call system is nevertheless arguable since this will provide flexibility for the future and if the appropriate calling device is specified, it can be detached to render it inoperable.
- 3.16 It is not practical to expect bedded patients to operate controls from a wall mounted panel, and the use of hand held units is a universal practice. Connection to the wall panel should be by an ultra-flexible lightweight cable and a plug which will easily disengage if strain is applied to the cable. The range of hand held control units varies from a simple call push with or without reassurance light, to a sophisticated multi-function handset to provide nurse call, radio/TV sound selection and volume control, bedlight switching and speech intercommunication. A means of attaching the control unit to the bedclothes or patients' clothes should be provided, and also a means of storing the unit on the wall or bedside furniture when not in use.
- 3.17 It is possible to provide a dual function arrangement whereby the entertainment channels and volume controls can be duplicated on the wall panel for selection and control by the nurse when patients are too incapacitated to operate them.
- 3.18 In areas such as a day space, it is usually sufficient to provide a wall mounted push button for nurse call. In bathrooms, showers and toilets, a pull cord switch is preferred, or as an alternative a suitably rated waterproof wall mounted call push.
- 3.19 In response to a patient making a call, if following "follow the light principle", lamps should be illuminated steadily: at the calling point outside the ward, at the nurse station and at any other necessary locations, for example the sister's office. The lamp at the calling point should be specific to the patient: other lamps may be provided for a group of calling points, for example a multi-bed ward. Other methods, for example liquid crystal displays, LED boards or VDUs may also be used.



- 3.20 In addition to lamp indication of a call, an audible signal tone should be provided at strategic positions throughout the ward. The tone should sound intermittently 1 second on / 9 seconds off until cancelled. If required, a quietening switch at the nurse station should be provided to subdue the tone at night.
- 3.21 For non-speech systems resetting of the call should be achieved at the calling point only by operating a reset push button.
- 3.22 The addition of a speech facility to a nurse call system can save nursing time. It has the advantage that nursing staff at the staff base can ascertain the needs of the patient prior to attending the bed. It eliminates some visits altogether, yet still gives reassurance to the patient. The staff base indicator in a speech system should have an indicator to identify the source of each call.

### **Communication – staff/staff (emergency)**

- 3.23 With the possible exception of low dependency areas, it is necessary to give nursing staff the ability to call for assistance should the need arise while attending to a patient. A switch for this purpose should be incorporated in the bedhead services panel and in any other area where assistance may be required. Areas which have no other form of communication may require this facility, for example treatment rooms. The switch will operate with a pull on/push off action to prevent inadvertent operation. It should be coloured red.
- 3.24 Use of an emergency switch should cause the patient call lamps (see paragraph 3.19) to illuminate in a flashing mode, that is, 0.5 seconds on / 0.5 seconds off until the call is cancelled by returning the switch to normal.
- 3.25 Use of an emergency switch should cause the tone sounders to operate with dual tone sound in sympathy with the flashing lamps.

### **Entertainment**

- 3.26 Entertainment for the patient is important for their wellbeing and is available in various forms and derived from:
- a. television (TV);
  - b. radio;
  - c. compact disc (CD) player;
  - d. cassette tape player;
  - e. video cassette recorder (VCR); and
  - f. satellite (TV).

- 3.27 Larger healthcare establishments may wish to provide space for a central console to house the above facilities, and perhaps also a hospital radio station.

**NOTE:** Further information on Patient Entertainment and Communications systems is available on the Property and Environment Forum web site [www.show.scot.nhs.uk/pef](http://www.show.scot.nhs.uk/pef)

- 3.28 Where television is provided, the means of relaying the sound to the patient will depend on circumstances:

- a. a single-bed ward usually has a direct TV loudspeaker;
- b. a small multi-bed ward will either use the loudspeaker direct or will have the sound output of the TV wired around the bed positions for headphone listening, the room loudspeaker being disconnected. Alternatively, all TV programmes can be generated centrally for distribution around all wards;
- c. a large ward may have more than one TV set, so centrally generated programmes fed to headphones becomes the best solution;
- d. where centrally generated programmes are installed, all beds in all wards should be served by this equipment;
- e. there is obvious advantage in having silent TV monitors.

- 3.29 Technology has brought about dramatic changes in the way hospital multi-channel programme distribution takes place by using digital techniques. High quality sound channels can be generated from a central unit and transferred through data cable to all bedheads and decoded by the bedhead electronics. Selection and volume control is achieved via the handset or the controls on the bedhead.

- 3.30 Where a loudspeaker is required in a non-bedded area, a loudspeaker control unit is connected to the distributing data cable and to a power supply.

**NOTE:** Control of the TV picture will be by the remote control unit supplied with the TV or manually by patient or staff.

## Medical gas pipeline systems

- 3.31 Where medical gas pipeline systems are used, the terminal unit provided should be as indicated in the relevant Scottish Hospital Planning Note, Health Building Note, Activity Data Sheet, SHTM 2022 and BS 5682: 1998.

- 3.32 Methods of installation should be to SHTM 2022; *Medical gas pipeline systems*.

- 3.33 Where terminal units are integrated with other bedhead services, care must be taken to ensure adequate space for ease of use of medical equipment such as flowmeters, vacuum control units, etc.

### Mains power supplies

- 3.34 At least one twin 13 amp switched socket-outlet should be provided at each bed position; it is convenient to incorporate the sockets along with other bedhead services. For an intensive care unit (ICU), the number of 13A switched sockets required could be as many as 24 or more. Where sockets are connected to the essential supply this needs to be made obvious, usually by specifying the switch rocker to be coloured red. Some departments may require the availability of a 2-pin shaver socket.

**NOTE:** All low voltage (240 V) supplies and accessories should be installed strictly to the current IEE Wiring Regulations (BS 7671: 1992).

### Lighting (bedhead luminaire)

- 3.35 Most bedhead installations should include a reading lamp which is fixed to the wall at high level, or lower down as part of the bedhead services equipment. In the latter case the fitting should be of the articulated adjustable type. Illumination, positioning and tilt restrictions should comply with the recommendations of the CIBSE Hospital and Health Care Buildings Lighting Guide (LG2) or BS 4533, section 102.55 and section 103.2 whichever is appropriate.

**NOTE:** Luminaires should only be used for the purposes for which they are designed. Unprotected lamps used for examination purposes where splashes of liquid may occur can result in lamp explosion. Examination luminaires should be to the relevant British Standard.

- 3.36 The reading lamp can be provided as an integral part of a surface trunking system. Such luminaires should provide the required luminance allowing for the shielding of the patient's head and shoulders. Where such luminaires are installed in trunking along with medical gas pipeline systems, control of glare and convenience for the use of terminal units require careful positioning.

- 3.37 It is advisable to arrange for the reading lamp to be dimmed for night inspection. Control of the lamp can be by a two-way centre-off rocker switch providing dim-off-bright. In the bright position, the patient can have on-off control via a switch on the handset.

- 3.38 The use of compact fluorescent rather than GLS lamps is becoming universal; they should certainly be considered for the bedhead luminaires. Dimming of these is achieved by using a fitting with two lamps, typically one at 13 watts, the other at 5 watts, and switching from one to the other.



## Telephones

- 3.39 Where a bedside telephone facility is required, this can be incorporated within the bedhead services wall panel and take one of two forms:
- an individual standard telephone socket per bed wired as a separate extension to the hospital switchboard (this will allow the use of private telephones or simultaneous use of more than one mobile payphone);
  - an individual standard telephone socket per bed wired in parallel to other beds in the same ward on a common single circuit to the switchboard. A mobile payphone can be plugged in where required, but only one at a time.

## Patient monitoring

- 3.40 In the high dependency areas where apparatus connected to a patient needs to be monitored remotely, the connection of the equipment can be accommodated by the bedhead services panel using special plugs and sockets and screened cables as necessary.

## Nurse presence

- 3.41 A nurse presence system will provide a means of locating nursing staff within the total ward area. Each room and bay can be provided with a switch for the nurses to operate as they enter and leave the location. In single bed rooms the switch can be part of the bedhead services installation, but more usually it is placed at the entrance of each area so fitted. Operation of the switch will illuminate a lamp adjacent to or integral with the switch, a lamp over the door or in the corridor and a lamp for each location at the nurse station indicator. If required, a tone sounder in each area can be switched on by the presence switch to alert the nurse in the event of a patient call.

**NOTE:** The success of a nurse presence system will depend on the discipline exercised in operating the switches for each and every visit.

- 3.42 Where speech systems are installed it is usual for a presence facility to incorporate a ward loudspeaker microphone for each area covered by a presence switch to enable the nurse station to communicate with the nurse.
- 3.43 All speech systems associated with patients should be designed to ensure that no eavesdropping can take place. Where it may be necessary to monitor the sound from a bed position, any loss of privacy should be indicated to the patient for as long as the monitoring takes place.

## Staff base

3.44 The staff base, or nurse station, is the administrative and communication centre of the ward. It is here that both visual and audible signals are received from patients and staff as well as monitoring information in the high dependency departments. A typical nurse station control unit might take the form of a console or a panel mounted into the desk or on the wall alongside and may include:

- a. the patient call indicator lamps;
- b. the nurse presence lamps;
- c. the audible alarm for patient and staff (emergency) calls;
- d. a sound attenuation switch for night use;
- e. where a speech system is installed, a loudspeaker and/ or handset;
- f. a lamp and sounder operated by the "door bell" push situated at the ward entrance;
- g. an intruder alarm switch to raise an alarm within the ward and an adjacent ward, also possibly the hospital switchboard;
- h. a closed circuit TV where there is a high risk of undesirable intrusion at the ward entrance door; the provision of a television monitor with intercom facility can be a useful aid to staff security.

## Transfer of calls

3.45 Where staff take on the responsibility for the adjacent ward or wards (for example during the night) it is advisable to incorporate a transfer system whereby any calls from the adjacent ward or wards are enunciated at the duty nurse station.

3.46 The geography of a floor layout may be such as to make practical a flexible nursing approach embracing two or more ward areas. Where the degree of patient dependency or bed occupancy varies greatly or regularly it will be advantageous to have the ability to expand or diminish the number of beds covered by the relative nurse stations. Modern nurse call systems can easily accommodate such manipulation.

## Repeat indicator units

3.47 For occasions when the staff base is left unattended it is necessary to provide a master indicator with or without tone sounder in all areas where a member of staff may be, including utility rooms. The indicator will illuminate for all patient calls (steady) and all staff calls (flashing).



## Cardiac alarm

- 3.48 If a cardiac alarm system is installed it should be initiated by a special protected switch at the bed position. The cardiac call should register at a permanently manned centre such as the switchboard which will alert the cardiac team via telephones or some other means.

## Attack alarm

- 3.49 Staff have become vulnerable to attack in areas such as psychiatric wards and accident and emergency departments and it may be appropriate to provide an attack alarm system. A body-worn transmitting device can be activated by the wearer to alert, via a receiver unit or units, other members of staff. It is essential that the **location** of the attack can be readily ascertained.

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## 4. Management Summary

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- 4.1 It is the responsibility of management to ensure that patients and staff are provided with services at the bed and at other nursing locations to fulfil the clinical needs of that nursing location for as long as can be foreseen.
- 4.2 These services should be reassessed periodically by the management to ensure they remain adequate. The frequency will depend on the care provided.
- 4.3 To ensure that bedhead services' installations remain adequate, safe and reliable, medical, nursing and administrative action is essential to introduce and enforce operational policies designed to minimise the dangers that may arise from misuse. Those policies should ensure that no work, however minor, can be undertaken without the knowledge and permission of the appropriate responsible officer.
- 4.4 Medical and technical staff should understand the generation and effects of electrostatic discharge.

**NOTE:** Refer to Scottish Health Guidance Note; *Static discharges*.

- 4.5 Specifying over-complex equipment should be resisted. The electrical and medical gas pipeline systems should be kept simple and practicable while being fit for purpose.
- 4.6 While non-essential bedhead services such as entertainment may be seen as low priority, where these are installed it is important that they function to help maintain morale and avoid frustration in the patient. An entertainment service which is of poor quality or even inoperable will be particularly dispiriting.
- 4.7 All suppliers of equipment and services should be quality assured to at least BS EN ISO 9000.
- 4.8 The specifiers of complex equipment should satisfy themselves that the suppliers of the equipment are organisations of sufficient substance to maintain the equipment.
- 4.9 Before management specifies a nurse call system, consideration should be given to whether the communications within the ward are to be controlled, locally or centrally.



- 4.10 Modern technology makes viable the opportunity to oversee all alarm systems at a central console showing patient calls, staff calls (emergency), nurse locations (presence system) etc. These, along with a speech link to the wards and visual display units, can provide an efficient means of total control in appropriate establishments.

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## References

**NOTE:**

Where there is a requirement to address a listed reference, care should be taken to ensure that all amendments following the date of issue are included.

<b>Publication ID</b>	<b>Title</b>	<b>Publisher</b>	<b>Date</b>	<b>Notes</b>
<b>Acts and Regulations</b>				
	The Building (Scotland) Act	HMSO	1959	
	Clean Air Act	HMSO	1993	
	Electricity Act	HMSO	1989	
	Health and Safety at Work etc Act	HMSO	1974	
	Registered Establishments (Scotland) Act	HMSO	1998	
	The Water (Scotland) Act	HMSO	1980	
SI 2179 & 187	The Building Standards (Scotland) Regulations (as amended)	HMSO	1990	
	The Building Standards (Scotland) Regulations: Technical Standards Guidance	HMSO	1998	
SI 1460	Chemicals (Hazard Information and Packaging for Supply) Regulations (CHIP2)	HMSO	1997	
SI 3140	Construction (Design and Management) Regulations	HMSO	1994	
SI 437	Control of Substances Hazardous to Health Regulations (COSHH)	HMSO	1999	
SI 635	Electricity at Work Regulations	HMSO	1989	
SI 1057	Electricity Supply Regulations (as amended)	HMSO	1988 (amd 1994)	
SI 2372	Electromagnetic Compatibility Regulations (as amended)	HMSO	1992	
SI 2451	Gas Safety (Installation and Use) Regulations	HMSO	1998	
SI 917	Health & Safety (First Aid) Regulations	HMSO	1981	
SI 682	Health & Safety (Information for Employees) Regulations	HMSO	1989	
SI 2792	Health and Safety (Display Screen Equipment) Regulations	HMSO	1992	
SI 341	Health and Safety (Safety Signs and Signals) Regulations	HMSO	1996	



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SI 1380	Health and Safety (Training for Employment) Regulations	HMSO	1990	
SI 2307	Lifting Operations and Lifting Equipment Regulations (LOLER)	HMSO	1998	
SI 3242	Management of Health and Safety at Work Regulations	HMSO	1999	
SI 2793	Manual Handling Operations Regulations	HMSO	1992	
SI 1790	Noise at Work Regulations	HMSO	1989	
SI 3139	Personal Protective Equipment (EC Directive) Regulations (as amended)	HMSO	1992	
SI 2966	Personal Protective Equipment at Work (PPE) Regulations	HMSO	1992	
SI 2306	Provision and Use of Work Equipment Regulations (PUWER)	HMSO	1998	
SI 3163	Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)	HMSO	1995	
SI 3004	Workplace (Health, Safety and Welfare) Regulations	HMSO	1992	
<b>British Standards</b>				
BS 1362	<b>Specification for general purpose fuse links for domestic and similar purpose (primarily for use in plugs)</b>	BSI Standards	1973	
BS 1363	<b>13A fuse plugs and switched and unswitched socket outlets</b>	BSI Standards	1984	
BS 3535	<b>Isolating transformers and safety isolating transformers</b>	BSI Standards	1990	
BS 3676	<b>Part 1:</b> Switches for household and similar fixed electrical installations. Specification for general requirements	BSI Standards	1989	
BS 4533	<i>Section 102.55 &amp; section 103.2</i>	BSI Standards		
BS 4568	<b>Part 1:</b> Specification for steel conduit and fittings with metric threads of ISO form for electrical installation  <b>Part 2:</b> Specification for steel conduit and fittings with metric threads of ISO form for electrical installation	BSI Standards	1970  1970	
BS 4568-1	<b>Specification for steel conduit and fittings with metric threads of ISO for electrical installations. Steel conduit, bends and couplers</b>	BSI Standards	1970	

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BS 4573	<b>Specification for 2-pin reversible plugs and shaver sockets</b>	BSI Standards	1970	
BS 5682	<b>Specification for terminal units, hose assemblies and their connectors for use with medical gas-pipeline systems</b>	BSI Standards	1984 (1992)	
BS 5724	<b>Part 1: Medical electrical equipment – general requirements for safety</b>	BSI Standards	1989	
BS 5733	<b>Specification for general requirements for electrical accessories</b>	BSI Standards	1995	
BS 7671	<b>Requirements for electrical installations IEE wiring regulations</b>	BSI Standards	1992	
BS EN 60529	<b>Specification for degrees of protection provided by enclosures (IP code)</b>	BSI Standards	1993	
BS EN 60742	<b>Isolating transformers and safety isolating transformers. Requirements</b>	BSI Standards	1996	
BS EN 60950	<b>Specification for safety of information technology equipment, including electrical business equipment</b>	BSI Standards	1992	
BS EN 60950	<b>Safety of information technology equipment</b>	BSI Standards	2000	
BS EN ISO 9000	<b>Quality management and quality assurance standards</b>	BSI Standards	1994	
<b>Scottish Health Technical Guidance</b>				
SHTM 2005	Building management systems	P&EFEx	2001	CD-ROM
SHTM 2007	Electrical services supply and distribution	P&EFEx	2001	CD-ROM
SHTM 2011	Emergency electrical services	P&EFEx	2001	CD-ROM
SHTM 2014	Abatement of electrical interference	P&EFEx	2001	CD-ROM
SHTM 2020	Electrical safety code for low voltage systems (Escode – LV)	P&EFEx	2001	CD-ROM
SHTM 2022	Medical gas pipeline systems	P&EFEx	2001	CD-ROM
SHGN	Static discharges	P&EFEx	2001	CD-ROM
SHPN 1	Health service building in Scotland	P&EFEx	2001	
SHPN 2	Hospital briefing and operational policy	P&EFEx	2001	
SHPN 48	Telecommunications	HMSO		
SHTN 1	Post commissioning documentation for health buildings in Scotland	HMSO	1993	
SHTN 4	General Purpose Estates and Functions Model Safety Permit-to-Work Systems	EEF	1997	
	NHS in Scotland – PROCODE	P&EFEx	2001	Version 1.1





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<b>NHS in Scotland Firecode</b>				
SHTM 81	Fire precautions in new hospitals	P&EFEx	1999	CD-ROM
SHTM 82	Alarm and detection systems	P&EFEx	1999	CD-ROM
SHTM 83	Fire safety in healthcare premises: general fire precautions	P&EFEx	1999	CD-ROM
SHTM 84	Fire safety in NHS residential care properties	P&EFEx	1999	CD-ROM
SHTM 85	Fire precautions in existing hospitals	P&EFEx	1999	CD-ROM
SHTM 86	Fire risk assessment in hospitals	P&EFEx	1999	CD-ROM
SHTM 87	Textiles and furniture	P&EFEx	1999	CD-ROM
SFPN 3	Escape bed lifts	P&EFEx	1999	CD-ROM
SFPN 4	Hospital main kitchens	P&EFEx	1999	CD-ROM
SFPN 5	Commercial enterprises on hospital premises	P&EFEx	1999	CD-ROM
SFPN 6	Arson prevention and control in NHS healthcare premises	P&EFEx	1999	CD-ROM
SFPN 7	Fire precautions in patient hotels	P&EFEx	1999	CD-ROM
SFPN 10	Laboratories on hospital premises	P&EFEx	1999	CD-ROM
<b>UK Health Technical Guidance</b>				
HBN 27	Intensive therapy unit	NHS Estates	1992	
EH 40	HSE Occupational Exposure limits	HSE	Annual	
MES	Model Engineering Specifications	NHS Estates	1997	As required
<b>Miscellaneous References</b>				
LG 2	The lighting guide – hospitals and health care buildings	CIBSE		
LG 9	Lighting for communal residential buildings	CIBSE		
12/5/97	Electromagnetic compatibility of medical devices with mobile communications	EEF	1997	
5/6/97	Radio signalling nurse call systems	EEF	1997	