



Food for Life and Sustainability in Public Food

Catherine Pendreigh, Partnerships Manager cpendreigh@soilassociation.org

Margaret Gilmour, Senior Partnerships Manager mgilmour@soilassociation.org





Why is Public Food Important?



- Unique societal role: feeds the most vulnerable and sets the tone for our relationship with food
- Huge buying power and influence on the supply chain over £150 million annually
- Big climate impact both positive and negative!
- Public food provides an opportunity to invest in some of the biggest issues facing our society

Public Sector as a Beacon of Good Food





Food that's good for your health

Lots of fruit and vegetables, fish and wholegrains, less but better quality meat, and a lot less processed food. Good food is even better when shared.



Food that's good for the environment

In season, sustainably produced, low-climate impact and high animal welfare standards.



Food that's good for the economy

Grown by local producers, prepared by skilled and knowledgeable people, and supports a thriving economy



Building a Good Food Nation

- The Good Food Nation Act passed into Scots Law July 2022.
- Commencement expected Spring 2023
- Underpins in law the ambition to build a good food nation set out by Scottish Government in 2014
- Public sector food is at the heart of the act









New Duties for Health Boards



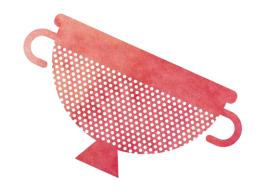
- Health Boards must produce and report on "Good Food Plans" which have regard to a national plan.
- The plans must set out how health boards will use food to improve the nation's social and economic wellbeing, the environment, health, economic development, animal welfare, education and child poverty
- The Act also establishes a Scottish Food Commission which will monitor and scrutinise the work of public bodies on food.





The policy landscape

- Local Food Strategy consultation (2021)
- Community Wealth Building
- Bute House Agreement "encouraging public kitchens, including school canteens, to source more food produced by local businesses and organic producers."
- Growing emphasis on scope 3 emissions for public bodies





What is Food for Life Scotland?



- Food for Life Scotland is a programme of the Soil Association, a food and farming charity
- Fully funded in Scotland by Scottish Government through the Rural Affairs Directorate
- We support caterers to achieve Food for Life Served Here





Food for Life Served Here











FOOD FOR LIFE ACROSS SCOTLAND





9,650 BRONZE meals daily in 171 primaries and 59 nurseries (2009)

ARGYLL & BUTE

3,620 BRONZE meals daily in 82 primaries (2014)

INVERCLYDE Inverciyde

3,470 BRONZE meals daily in 20 primaries (2019)

EAST RENFREWSHIRE

6,600 BRONZE meals daily in 23 primaries (2014)



NORTH AYRSHIRE

5,700 GOLD meals daily in 50 primaries, 1 secondary and 7 nurseries (2013)

WEST DUNBARTONSHIRE

3,050 BRONZE meals daily in 29 nurseries, 30 primaries, and 2 ASN schools (2021)

GLASGOW

34,000 BRONZE meals daily in 130 primaries and 7 ASN schools (2021)



4,600 GOLD meals daily in 38 primaries and 10 nurseries (2008)

WEST LOTHIAN West Lothian

7,430 BRONZE meals daily in 67 primaries (2018)





SHETLAND

2,000 BRONZE meals daily in 3 nurseries, 21 primaries, 5 junior highs and 2 secondaries (2021)

ORKNEY ISLANDS

1,810 BRONZE meals daily in 16 primaries, 3 junior highs and 2 secondaries (2020)

MORAY

3,500 BRONZE meals daily in 45 primary schools (2022)



ABERDEENSHIRE

Aberdeenshire A 12,540 BRONZE meals daily in 151 primaries and 4 ASN schools (2015)

ABERDEEN CITY

11,040 BRONZE meals daily in 48 primaries and 11 secondaries (2015)

STIRLING 🌯

3,140 SILVER meals daily in 38 primaries, 30 nurseries and 1 ASN school (2014)

EDINBURGH CITY CDINBURGH

18,870 BRONZE meals daily in 87 primaries, 22 secondaries and 11 ASN schools (2016) 353 SILVER meals daily in 1 primary and 1 secondary (2016)

EAST LOTHIAN East Lothian

3,550 BRONZE meals daily in 36 primaries (2013)

SCOTTISH BORDERS



4,030 BRONZE meals daily in 58 primaries (2020)

Food for Life in Hospitals

FOOD FOR LIFE SOIL Association SCOTLAND

- 20 Hospital Trusts in England currently have a Food for Life Served Here Award
- This includes a range of service models and both retail and patient food.
- Many more hospitals interested in the award since the Hospital Food Review







- Hold FFLSH award for both patient and staff/visitor food at the Blackburn Royal Teaching Hospital and the staff/visitor food at Burnley General Teaching Hospital
- 85% of the meals are cooked from scratch on site using fresh ingredients from local suppliers
- Used the FFLSH award as a framework to increase local sourcing – including a partnership with Forestry England to serve local wild venison shot in the nearby Forest of Bowland.





Let's continue the conversation!



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