

# minutes

## **National Gender Identity Clinical Network for Scotland (NGICNS)**

### **Steering Group Meeting**

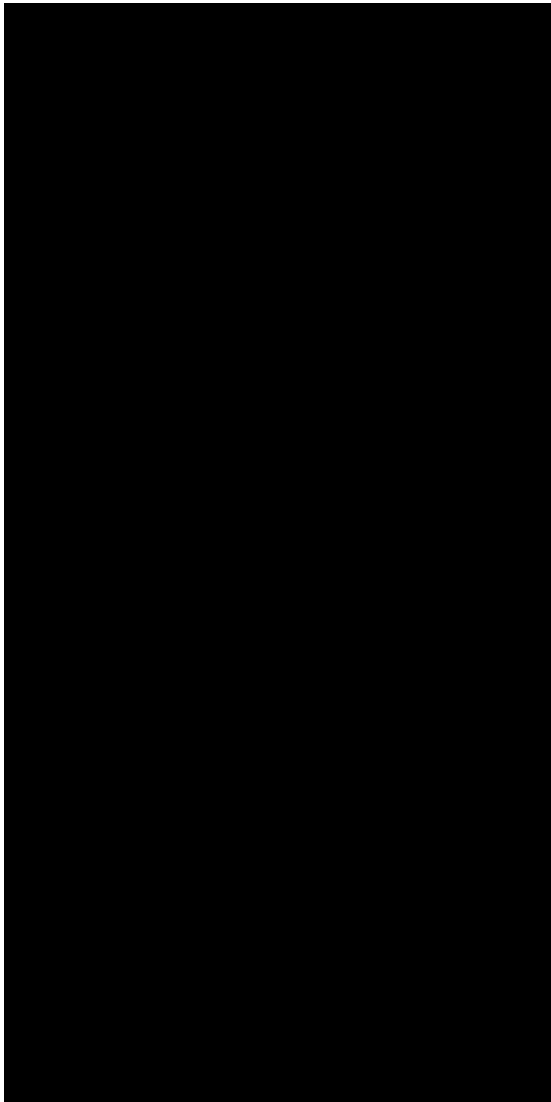
#### **Microsoft Teams**

**4th May 2022, 10.00 – 12.00pm**

**Author:** [REDACTED]

**File Path:** K:\09 PCFNSD\WMCNs & NMDNs\Networks\NGICNS\Steering Group\Wins

#### **Present:**



NHS Tayside ([REDACTED])  
NHS National Services Scotland  
NHS Highland  
NHS Greater Glasgow & Clyde  
NHS Grampian  
NHS Greater Glasgow & Clyde  
LGBT Health  
Transparentsees  
NHS Greater Glasgow & Clyde  
LGBT Youth Scotland  
NHS Lothian ([REDACTED])  
[REDACTED]  
NHS National Services Scotland  
Scottish Government



Chair  
Chief Executive  
Director

Keith Redpath  
Mary Morgan  
Susi Buchanan

**Apologies:**

[REDACTED]

[REDACTED]

- Scottish Trans Alliance
- NHS National Services Scotland
- NHS Lothian
- Scottish Government
- Stonewall Scotland
- NHS Fife
- NHS Lothian
- University of Edinburgh
- NHS National Services Scotland
- NHS National Services Scotland

**1. Welcome, Apologies & Introductions**

[REDACTED] ([REDACTED], NHS Tayside ([REDACTED])) welcomed attendees and noted the above apologies. It was also noted that [REDACTED] will no longer attend the meeting as she has left her position at Stonewall. Stonewall will be contacted and asked to provide new representation for the group.

**Action:** [REDACTED] [REDACTED]

**2. Minutes & Actions from last meeting**

The Minute was agreed as a true record, bar the following amendments: Page 2: [REDACTED] appears in both the 'Present' and 'Apologies'. [REDACTED] stated her presence at the last meeting held on 27.1.2022 but had arrived late. It was agreed that the minute would be updated and [REDACTED] to appear under 'Present'.

**Action:** [REDACTED]

**3. Service Update**

**3.1 Adult Service Update – Items to Note**

[REDACTED] ([REDACTED], NHS Grampian) advised that Grampian were focused on planning for the funding bid and reducing waiting lists.

[REDACTED] ([REDACTED], NHS Highland) shared with the group that they had been unsuccessful in their attempts to employ another doctor but had advertised for a nurse and hoped to hold interviews in the coming weeks.

██████████ (██████████, the Sandyford Service, NHS Greater Glasgow & Clyde) stated that the Adult and Young Person Services were still dealing with ongoing staff shortages and one of their psychiatrists has dropped one of their two weekly sessions causing a further shortage. The IPL Clinic was currently not in use due to lack of working machinery. They have approached the Manager of the Laser Clinic that sits under Plastic Surgery, but they were unable to help. The clinic has not been used since pre-pandemic and this is causing a large waiting list. Waiting times had increased for all areas of the service.

### 3.2 C&YP Service Update – Items to Note

██████████ (██████████, the Sandyford Service, NHS Greater Glasgow & Clyde) advised there was now a Lead Psychologist for the service.

██████████ (██████████, NHS Greater Glasgow & Clyde) sought to reassure the group that the centre had been trying hard to recruit to the current vacancies. They were looking into advertising further and extending a fixed term colleague. It was also highlighted that the referrals to the YP service had doubled and were now almost in line with the adult service. A further operational group was likely to be formed with key GG&C representatives with the purpose to look at what they can do regarding waiting lists.

██████████ (██████████, NHS Lothian (██████████)) noted that there had been a significant increase in referrals to Chalmers and that they also had staff shortages which they hoped to rectify in the coming months. They had been allowed to recruit ahead of the anticipated funding. They hoped to hold further interviews later in the month.

## 4. GGC QI Project

**Paper: NGICNS-SG-2022-09**

██████████ shared her paper (NGICNS-SG-2022-09). It was based on QI information gathered last year which was focused on reducing waiting times in the adult service but they found there were some benefits to the YP services as well. After the presentation ██████████ answered questions from the committee.

## 5. Updates

### 5.1 GRP progress

██████████ (██████████, NHS Lothian) summarised the progress for the group. Out of the six groups all bar one of them had met at least twice.

There were clear themes that crossed over from three of the groups regarding waiting times and how best to monitor patients that are already receiving treatment whilst on a waiting list. There will be a document circulated in the coming weeks.

### 5.2 Scottish Government Update

██████████ (██████████, Scottish Government) Advised the National Reference Group has now been established and has met twice with the plan to meet every six weeks. The main principles of this group are to look at creating National Principles for the allocating of funding. This is in the final stages and should be circulated to Health Boards in the coming weeks. Work is continuing at pace across different commitments as detailed in the December Framework.

### 5.3 NaSH Gender Data

██████████ (██████████, NHS Lothian (██████████)) shared with the group that the work has been commissioned and is nearly completed with initial testing finishing last week. The data will be shared with clinics on the 13<sup>th</sup> May and discussions will need to be held in clinics around how best to use the data points.

### 5.4 NGICNS as a strategic network – & future priorities planning session

██████████ (██████████, NHS National Services Scotland) noted a meeting had been held with the Scottish Trauma Network around the differences between a Managed Clinical Network and a Strategic Network. NGICNS have been advised to start planning their strategy and resources

required in preparation for any such move of Network. A session will be organised to plan priorities for the coming years.

## 6. Surgical Commissioning

### 6.1 Provision in England

( ), NHS Lothian ( ) advised he was planning to circulate an update summarising the intent of the Four Nations Contract on the work that is ongoing to keep everyone up to date.

### 6.2 Surgical Statistics

Paper: NGICNS-SG-2022-10

## 7. Waiting Times Data

### 7.1 Quarterly Update (to be tabled)

Paper: NGICNS-SG-2022-11

Data has come in this week and both these items will be circulated once available.

## 8. For Info Only

( ), NHS Tayside ( ) Shared the below with the group.

**8.1 Cass Review Report** [Cass Review – Independent Review of Gender Identity Services for Children and Young People \(independent-review.uk\)](#)

**8.2 FAQs:** [Frequently Asked Questions – Gender Identity Services in NHS Scotland](#)

**8.3 Newsletter:** <https://sway.office.com/7MET4jNpoojBD1yW?ref=Link>

### 8.4 MDTs:

The first Thursday of the month at 5pm

## 9. Any other business

### 9.1 Scottish Prison Service (SPS) Interview

( ), NHS Greater Glasgow & Clyde informed the group that the meeting with SPS on the 3<sup>rd</sup> of May to help with the drafting a new policy for Trans people in custody. The SPS were still in the initial stages and will meet with other organisations. Once the initial findings have been drafted there will be an opportunity to input further.

### 9.2 NES work

( ), NHS Lothian ( ) met with representatives from NES to talk about the potential commission regarding a 'Knowledge Skills Framework' and are keen to move this forward. This has not been formally commissioned yet but ( ) undertook to keep the group updated.

### 9.3 Meeting 13<sup>th</sup> May re. bids

Invitations have been sent out to GIC Clinical Leads and Service Manager to facilitate a workshop on the Scottish Government's funding applications.

### 9.4 LGBT Youth Scotland [Life in Scotland](#) report

( ), LGBT Youth Scotland shared with the group the recent findings from the Life in Scotland LGBT Young People. The report covers many aspects of life such as hate crime, education, work life, etc. The research is carried out every five years and had started 15 years ago. Around 1,200 young people completed the survey. The findings

suggested that there have not been recent improvements for the LGBT community. The Trans-specific information will be extracted and pulled together into a separate report. Data shared with the group included the response on four areas regarding the Health Service and how patients felt in terms of being 'respected and supported' in each area:

- A&E - N/A
- Mental Health - 74% five years ago vs 55% currently.
- Sexual Health Clinics - 83% five years ago vs 73% currently.
- GP - 76% five years ago vs 71% currently.

██████████ then went on to explain that in the report it highlighted that 81% of the Trans people surveyed have suffered with anxiety within the last year. Many felt forgotten about but said that once they were in the service and started seeing people and talking, it was a very positive experience.

### 10. Date of next meeting

The next meeting was scheduled for 25<sup>th</sup> August 2022, 10am – 12pm.

The Annual Performance Review will take place 25<sup>th</sup> August 2022, 9am – 10am.

### Action Register

Number	Action	Owner	Deadline
1	Amendment to page 2 of previous minutes and write to Stonewall Scotland	NGICNS team	Complete
2	Share trans specific findings of Life in Scotland report, once available	NGICNS team, ██████████	n/a
3	Quarterly data to be shared	NGICNS team	When available
4	Future priorities planning session to be organized	NGICNS team	September
5	Additional representation to be invited to the Steering Group	NGICNS team	August 2022