

[Redacted]

Date 5 May 2026
Your Ref FOI-2026-3349
Our Ref FOI-2026-3349

Enquiries to [Redacted]
Email psd.foi@nhs.scot

Dear [Redacted],

Freedom of Information Reference FOI-2026-3349

I refer to your Freedom of Information (Scotland) Act 2002 (FOISA) request that we received on 21 April 2026 requesting the following information:

Could you please tell me how many people within your NHS area are diagnosed with Narcolepsy?

This can be those with both Type 1 Narcolepsy (with Cataplexy) and those with Type 2 Narcolepsy (without Cataplexy), reported as one figure, I don't need it broken down to Type 1 and Type 2.

If possible, I would like the data reported by Council area but if that is not possible then NHS area will be sufficient.

Council Area	NHS Area	Email address	No. of people with narcolepsy
Scottish Borders	NHS Borders	nss.foi@nhs.scot	

Under Section 17 of FOISA Public Services Delivery Scotland (PSD Scotland) does not hold the information that you have requested.

On 1 April 2026 as part of the Service Renewal Framework, NHS National Services Scotland (NSS) and NHS Education for Scotland (NES) have come together to form PSD Scotland. The new organisation is designed to improve service delivery across health, care and wider public services.

More information regarding PSD Scotland can be found at the following URL:

[Public Services Delivery Scotland \(PSD Scotland\)](#)

Chair Mr Keith Redpath
Chief Executive Professor Karen Reid

I have contacted Public Health Scotland who have confirmed that the information can be created by bespoke data analysis through their Information Request (IR) service that can be accessed via the following URL:

[Bespoke data analysis requests - Contact us - Public Health Scotland](#)

I hope that you will find this response helpful to you and if you require any further information, please do not hesitate to contact me using the email address psd.foi@nhs.scot

If you are unhappy with any aspect of how we have dealt with your request, you can make representations to us asking us to review the handling of your request. Please write to the Associate Director Corporate Governance using the email address psd.foi@nhs.scot within 40 working days of the date of this correspondence.

If after a review you are still unhappy, you also have the right to apply to the Scottish Information Commissioner, who can be contacted at Kinburn Castle, St Andrews, Fife, KY16 9DS, or via their [online Appeal form](#).

Yours sincerely,

