

**Freedom of Information (FOI) Reference: FOI2026-3355 – Appendix A
Independent providers of mental health services (psychological therapy)
Public Services Delivery Scotland (PSD Scotland)**

Table 1: PSD Scotland engagement with independent providers in the delivery of mental health services (psychological therapy).

Request	Comments
1. Engagement of Independent providers	
<p>a) A list of all independent/private organisations commissioned, contracted, or otherwise engaged to deliver:</p> <ul style="list-style-type: none"> • Psychological therapy services • ADHD assessment and/or treatment services • Autism assessment services <p>b) For each organisation identified, please provide:</p> <ul style="list-style-type: none"> • The name of the organisation • The type of services delivered • The start and end date of the arrangement (or confirmation if ongoing) 	<p>Medical Directorate:</p> <ul style="list-style-type: none"> • The Development and Wellbeing Service (TDWS) (Medical Directorate) uses an independent provider to support resident doctors in training that require psychological support services. • Name of organisation: The Keil Centre. • The type of service delivered: external provision is used by the TDWS for resident doctors in training needing psychological support for workplace, training or exam-related anxiety. • This arrangement with The Keil Centre is ongoing. The start date was April 2022.
2. Nature of the engagement	
<p>For each provider listed, please specify:</p> <ul style="list-style-type: none"> • The mechanism of engagement (e.g. formal contract, service level agreement, framework agreement, direct award, spot purchasing, individual patient funding, pilot programme, or other) • Whether the arrangement was established via a competitive tender process, framework agreement, or non-competitive route 	<p>The Keil Centre: The mechanism of engagement is through a purchase order for each block of sessions.</p> <p>Under Section 17 of FOISA 2002, information on the original arrangement is not available.</p>

Request	Comments
<ul style="list-style-type: none"> If non-competitive, the rationale for this approach (where recorded) 	
3. Contractual and financial information	
<p>For each arrangement, please provide:</p> <ul style="list-style-type: none"> The total contract value, or total spend to date (annual breakdown if available) The duration of the agreement Any available high-level description of pricing structure (e.g. per-assessment, block contract, per-session rate), where not exempt under Section 33 	<p>Medical Directorate: For the Medical Directorate: the breakdown spend for the Keil Centre for the past five years is:</p> <ul style="list-style-type: none"> 2025/2026 £42,735 2024/2025 £27,925 2023/2024 £37,465 2022/2023 £26,655 2021/2022 £16,875 <p>The total spend over the past five years is £151,655. These figures do not include VAT, as they are tax exempt.</p> <p>We consider that the requested information regarding pricing is exempt from disclosure under Section 33(1)(b), as disclosure would, or would be likely to, prejudice substantially the commercial interests of PSD Scotland and the third-party provider.</p> <p>The arrangement with the Keil Centre is ongoing.</p>
4. Activity and service use	
<p>Where available, please provide:</p> <ul style="list-style-type: none"> The number of referrals made to each provider The type of patients referred (e.g. adult, CAMHS, complex cases, waiting list initiatives) Whether these services were used as part of a waiting list reduction initiative or service pressure response 	<p>Medical Directorate: Between 06 August 2025 and 15 May 2026, 37 referrals were made. The total number of referrals to the Keil Centre in the last five years (from 09 June 2021 until 09 June 2026) is 246.</p> <p>This service is for resident doctors in training.</p>

Request	Comments
5. Governance and Decision-Making	
<p>a) Please outline the internal process by which independent providers are approved or engaged within your organisation</p> <p>b) Please provide the job titles (not individual names) of the roles responsible for:</p> <ul style="list-style-type: none"> • Commissioning or approving such arrangements • Managing relationships with independent providers • Overseeing clinical governance of outsourced services <p>c) Where possible, please provide generic contact routes (e.g. departmental email addresses) for these functions</p>	<p>Standard organisational procurement processes are followed for approving or engaging with independent providers. These include:</p> <ul style="list-style-type: none"> • Scottish Government procurement regulations and policy. • PSDS Standing Financial Instructions and internal governance processes. • Established procurement routes. <p>Medical Directorate: Job titles who oversee clinical governance of outsourced services:</p> <ul style="list-style-type: none"> • The Senior Manager: Medical • Clinical Lead TDWS on behalf of the Lead Dean Director. <p>Departmental email address: tdws@nes.scot.nhs.uk.</p> <p>Generic email address: General email address: procurement@nes.scot.nhs.uk</p>
6. Supporting documentation	
<p>Please provide copies of, or links to:</p> <ul style="list-style-type: none"> • Any service specifications, agreements, or memoranda of understanding with independent providers (redacted as appropriate) • Any internal policies or guidance relating to the use of independent providers for these services • Any documentation relating to pilot programmes or waiting list initiatives involving external providers 	<p>Guidance: Referrals to the service are made when a resident doctor in training has had two or more consecutive unsuccessful attempts at the same exam, particularly if anxiety is significantly impacting performance on the day.</p> <p>Referral can also take place if workplace- or training-related anxiety is interfering with progression in training.</p>
7. Additional context	

Request	Comments
<p>If available, please provide:</p> <ul style="list-style-type: none">• Any evaluation, audit, or outcome data relating to the use of independent providers• Any stated future plans to expand, reduce, or change the use of independent providers for these services	<p>Under Section 17 of FOISA 2002, this information is not held.</p>
