

Date: 20 July 2026
Our Ref: FOI2026-3416
Enquiries to: Freedom of Information
Email: psd.foi@nhs.scot

Dear [REDACTED]

Freedom of Information Reference: FOI2026-3416

Thank you for your information request received on 09 July 2026 by Public Services Delivery Scotland.

From 01 April 2026, NHS Education for Scotland (NES) and NHS National Services Scotland (NSS) joined to form Public Services Delivery Scotland (PSD Scotland), enabling transformation in health, social care, and the wider public sector. This means your Freedom of Information request is now being responded to from PSD Scotland.

Your Request

I am conducting a UK-wide survey exploring the relationship between specialist and generic casework and its impact on professional identity, job satisfaction, and burnout among occupational therapists working in Community Mental Health Teams (CMHTs) across the UK.

I am trying to identify the approximate number of occupational therapists currently working in community mental health services across the UK, including Scotland, as this information would help me describe the target population for my study.

I have reviewed the published NHS Scotland Workforce Statistics and related workforce reports. While these provide valuable information on the overall NHS Scotland workforce and staff groups, I have been unable to identify statistics specifically relating to occupational therapists working within Community Mental Health Teams or community mental health services.

I wondered whether this information is available through a more detailed workforce dataset, or whether there is another source or organisation that you would recommend I contact. Any advice or guidance you could provide would be greatly appreciated.

Chair Mr Keith Redpath
Chief Executive Professor Karen Reid

Public Services Delivery (PSD) Scotland do not hold any workforce data for Occupational Therapists working within Community Mental Health Services within NHS Scotland. Under Section 17 of the FOISA this information is not held by PSD Scotland.

This information can be requested directly from the relevant Board/s within NHS Scotland. The following link has details for each individual NHS Scotland Board:
<https://www.scot.nhs.uk/organisations/>

If you are dissatisfied with this reply under the terms of the Freedom of Information (Scotland) Act 2002, you should contact us again in writing or by email within 40 days of receipt of this response to request an internal review.

If you remain unhappy with the outcome of that internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision within six months of receiving our response. For further information, please visit the Scottish Information Commissioner's [website](#).

Yours sincerely

[Redacted signature]
[Redacted name]