

Date: 26 August 2026
Our Ref: FOI2026-3444
Enquiries to: Freedom of Information
Email: psd.foi@nhs.scot

Dear [REDACTED]

Freedom of Information Reference: FOI2026-3444

Thank you for your information request received on 30 July 2026 by Public Services Delivery Scotland (PSD Scotland).

From 1 April 2026, NHS Education for Scotland (NES) and NHS National Services Scotland (NSS) joined to form Public Services Delivery Scotland (PSD Scotland), enabling transformation in health, social care, and the wider public sector. This means your Freedom of Information request is now being responded to by PSD Scotland.

Your request

I am seeking information regarding NHS Education for Scotland's role in supporting the assessment and management of adults with Generalised Joint Hypermobility, Hypermobility Spectrum Disorders (HSD) and hypermobile Ehlers-Danlos syndrome (hEDS).

Please could you provide the following information:

- 1. Has NHS Education for Scotland developed or endorsed any national clinical guidance, educational resources or competency frameworks relating to the assessment and management of adults with Generalised Joint Hypermobility, HSD or hEDS?*
- 2. If so, please provide copies or links to these documents.*
- 3. Has NHS Education for Scotland been involved in developing or supporting a national clinical pathway for adults with hypermobility-related disorders?*
- 4. Does NHS Education for Scotland provide training or educational resources for NHS clinicians on the assessment and management of adult hypermobility-related disorders? If so, please provide details.*
- 5. Is NHS Education for Scotland aware of any NHS Boards operating dedicated*

Chair Mr Keith Redpath
Chief Executive Professor Karen Reid

hypermobility services or formal clinical pathways for adults? If so, please identify those Boards.

6. Has NHS Education for Scotland undertaken, commissioned or participated in any work to improve the consistency of care for adults with hypermobility-related disorders across NHS Scotland?

7. If no national guidance or pathway currently exists, are there any plans to develop one?

I wish to advise under Section 17 of the Freedom of Information (Scotland) Act 2002 (FOISA), that PSD Scotland does not hold any recorded information within the scope of your request.

PSD Scotland has had no involvement in the development, endorsement or support of national clinical guidance, educational resources, competency frameworks, clinical pathways, training provision, or service improvement activity relating to the assessment and management of adults with Generalised Joint Hypermobility, Hypermobility Spectrum Disorders or hypermobile Ehlers-Danlos syndrome.

It is possible some of this information may be held by health boards within Scotland who provide direct patient care. This information may be requested directly from the relevant board/s within NHS Scotland. The following link has details for each individual board:
<https://www.scot.nhs.uk/organisations/>

If you are dissatisfied with this reply under the terms of the Freedom of Information (Scotland) Act 2002, you should contact us again in writing or by email within 40 days of receipt of this response to request an internal review.

If you remain unhappy with the outcome of that internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision within six months of receiving our response. For further information, please visit the Scottish Information Commissioner's [website](#).

Yours sincerely

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