

NHS Education for Scotland**Menopause and Menstrual Health Education for General Practice - Funding
Proposal 2023-24****1. Background**

NHS Education for Scotland (NES) has been commissioned by the Scottish Government to support the provision of free of charge training to primary care healthcare professionals on menopause and menstrual health including menstrual health conditions such endometriosis, PCOS and PMDD, in order to achieve the ambition of the Women's Health Plan – to ensure that women and girls achieve the best possible health, over the course of their lives.

Following iterative discussion with Scottish Government Taskforce senior leads and with key stakeholders, this paper lays out the NES proposals to continue to support the work of the Taskforce in financial year 2023-24.

2. Proposal

The following points outline the way forward that has been identified by the Project Team in their initial scoping:

- The core project Team includes 2 GPs and a General Practice Nurse who will work alongside a Project Manager and Administrator. Other professions will be engaged at relevant points, e.g. Pharmacy, NMAHP colleagues.
 - NES will develop an online resource that is available on our Turas Learn platform free of charge to all primary care healthcare professionals who provide care for women in relation to menopause and menstrual health.
 - This will be delivered via CPD Connect, the service within NES that is responsible for the provision of continuing professional development (CPD) for those working in General Practice across Scotland. However, this project is being monitored through the Corporate Radar to ensure that all Directorates are engaged in the work as appropriate.
 - This resource will incorporate all currently available NES resources on this topic, as well as signposting to other relevant, evidence-based resources.
 - This will also include the development of any additional resources that are identified by the Project Team as a requirement.
 - The NES in-house Technology Enhanced Learning Team will support the development of the resource.
 - The resource itself will be framed around cases, and learners will be able to choose the areas that they identify as their own learning needs (i.e. it won't be an elearning module that has to be studied from start to finish), and will be able to be used as a reference tool on an ongoing basis.
 - NES will engage with the Specialist Networks and Scottish Government colleagues on a regular basis to update on progress and seek expert opinion/review as required.
 - Sections of the resource may be released as finalised.
- 3.** An assessment will be made by the Project Team as to whether other educational formats may be used for specific topics, e.g. webinars, workshops.