

[REDACTED]

Letter issued by email

Date: 1 October 2026
Our Ref: FOI2026-3477
Enquiries to: Freedom of Information
Email: psd.foi@nhs.scot

Dear [REDACTED]

Freedom of Information Reference: FOI2026-3477

Thank you for your information request received on 7 September 2026 by Public Services Delivery Scotland (PSD Scotland).

From 1 April 2026, NHS Education for Scotland (NES) and NHS National Services Scotland (NSS) joined to form PSD Scotland, enabling transformation in health, social care, and the wider public sector. This means your Freedom of Information request is now being responded to by PSD Scotland.

Your Request

Please provide:

1. *The job titles and organisations of those involved in writing, designing, clinically reviewing and approving the Menstrual Health module.*
2. *The number of practising GPs involved in its design, development, clinical review or user testing.*
3. *The number of other practising primary-care clinicians involved, broken down by professional group where held.*
4. *Details of any consultation undertaken with practising GPs during development, including the number of GPs participating and the form of consultation undertaken.*
5. *Whether any of the following organisations were consulted on the module's design, content or testing:*
 - o *RCGP Scotland;*
 - o *BMA Scotland;*
 - o *Local Medical Committees.*
6. *A copy of any needs assessment, scoping document or project brief used to determine the learning needs of GPs or other primary-care staff before the module was developed.*
7. *Details of any pilot or user testing undertaken before launch, including:*
 - o *number of participants;*
 - o *professional roles of participants;*

Chair Mr Keith Redpath
Chief Executive Professor Karen Reid

- o *any summary of feedback received;*
- o *any changes made to the module following that feedback.*

I wish to advise under the Freedom of Information (Scotland) Act 2002 (FOISA), that PSD Scotland can provide a full response to your request, as detailed below.

1. The job titles and organisations of those involved in writing, designing, clinically reviewing and approving the Menstrual Health module.

At the time of the module development and publication process in 2023, NES was the organisation leading this work, having since transitioned to PSD Scotland. As such, the organisation reflects what was correct at the time of development, as detailed in the below table.

Job Title/Role	Organisation(s)/Additional Roles
General Practitioner (GP) Assistant Director	NHS Education for Scotland; practising GP
GP Associate Advisor Foundation / GP Appraiser / Education Lead	NHS Forth Valley; practising GP
GP Associate Adviser	NHS Education for Scotland; practising GP
General Practice Nursing (GPN) Clinical Educator	NHS Education for Scotland; practising GPN in NHS Highland
GP Medical Education Fellow	NHS Education for Scotland; practising GP, NHS Ayrshire & Arran
GP Medical Education Fellow	NHS Education for Scotland; practising GP, NHS Greater Glasgow & Clyde
GP Health Inequalities Fellow	NHS Education for Scotland; practising GP, NHS Lothian
Associate Advisor GP Training	NHS Education for Scotland; practising GP, NHS Greater Glasgow & Clyde
Locum Consultant Gynaecologist	NHS Dumfries and Galloway; Trustee and Past Chair, British Menopause Society; Co-Editor, <i>Post Reproductive Health</i>
GP	NHS Lothian; Elected Member, Scottish Council; RCGP Clinical Lead for Leadership for Integration; UK Government Menopause Taskforce, Scottish Clinical Representative; Scotland's Women's Health Plan
Senior Educator Pharmacy	NHS Education for Scotland
Senior Specialist Tutor Pharmacy	NHS Education for Scotland
Senior Policy Manager, Heart Disease and Out of Hospital Cardiac Arrest	Scottish Government

Director of the Centre for Reproductive Health; Professor of Gynaecology and Reproductive Sciences	University of Edinburgh; Consultant Gynaecologist, NHS Lothian
Women's Health Champion	Scottish Government
Professor of Reproductive Medicine and Science	The University of Edinburgh
Reader and Honorary Consultant Gynaecologist	University of Edinburgh; NHS Lothian
Consultant Obstetrician and Gynaecologist	NHS Lanarkshire
Advanced Nurse Practitioner (ANP)	NHS Highland

2. The number of practising GPs involved in its design, development, clinical review or user testing.

There was a total of eight GPs involved in the design, development and clinical review of the module.

3. The number of other practising primary-care clinicians involved, broken down by professional group where held.

There were two other primary care clinicians involved with the development of the module:

- General Practice Nursing (GPM) Clinical Educator
- Advanced Nurse Practitioner (ANP)

4. Details of any consultation undertaken with practising GPs during development, including the number of GPs participating and the form of consultation undertaken.

Further information has been provided in answer to this within question six.

5. Whether any of the following organisations were consulted on the module's design, content or testing:

- **RCGP Scotland;**
- **BMA Scotland;**
- **Local Medical Committees**

This was a Scottish Government (SG) commissioned piece of work undertaken by the former NES. It is not standard practice to involve BMA Scotland or Local Medical Committees in the development of educational outputs which has no impact on General Medical Services or contracts.

Royal College of General Practitioners (RCGP) Scotland was represented by one of the reviewers, and collaboration with the wider RCGP was undertaken by the NES GP

Assistant Director who was a peer reviewer for their endometriosis eLearning module produced in 2024.

6. A copy of any needs assessment, scoping document or project brief used to determine the learning needs of GPs or other primary-care staff before the module was developed.

This eLearning module was commissioned by the Women's Health Plan team at SG to address phase one of the Women's Health Plan.

The project brief was as follows:

“NHS Education for Scotland (NES) has been commissioned by the Scottish Government to support the provision of free of charge training to primary care healthcare professionals on menopause and menstrual health including menstrual health conditions such as endometriosis, PCOS and PMDD, in order to achieve the ambition of the Women's Health Plan – to ensure that women and girls achieve the best possible health, over the course of their lives.”

During the scoping of the project, the SG Women's Health Plan team shared with NES information that they had gathered from the lived experience of women when developing the Women's Health Plan. This information helped to shape the learning outcomes for this module. Scoping of resources both internal and external to NES that already were available was undertaken, as the module was not intended to replicate existing available material.

In addition to this, a learning needs analysis was conducted by one of the GP writers involved in the development of the module to further inform the learning outcomes from the perspective of the primary care practitioner.

The team leading on this project within NES had the specific remit of the provision of continuing professional development for General Practice. As such they have access to the learning needs expressed by GPs and other General Practice/primary care professionals through the evaluation of all other resources they provide. This information is routinely analysed centrally and the best format for delivery of learning outcomes can be determined by the team of GPs, GPNs, and Pharmacist Educators/Clinicians in the team.

The following documents are attached:

Document	Description
FOI2026-3477 – Annex A *	Scottish Government Combined Menopause & Menstrual Health Scoping Document
FOI2026-3477 – Annex B	NES Funding Proposal Document
FOI2026-3477 – Annex C	Women's Health Plan – NES Directorate Wide Scoping

* This was the initial information shared by the SG in 2022-23. Some of the links to the resources are no longer in use on the associated websites.

7. Details of any pilot or user testing undertaken before launch, including:

- **number of participants**
- **professional roles of participants**
- **any summary of feedback received**
- **any changes made to the module following that feedback**

The development of this module followed recognised internal processes of governance. The module was subject to review by primary care reviewers (which is the term used by the development team to describe pilot or user testing), and for this module there were several primary care reviewers due to the scope of the commissioned module. Three GPs, two Pharmacists and one Nurse responded to the primary care review request with feedback.

A standardised review proforma was developed to collect feedback from the reviewers about aspects of the module with the focus being on content accuracy for Scottish General Practice. We also asked for opinions about, structure, layout, repetition, duplication and enquired about any areas missing from the content. This was intended to inform the module development team and technology enhanced learning support team before the next iteration of the development process.

Reviewer feedback included strong support for the module structure, case studies, diagrams, and reflection points that met the learning outcomes. Suggested improvements subsequently adopted included suggested clarification of terminology, expansions within the wider topics, further resource links, and a few clinical clarifications. All feedback received was reviewed and actioned as appropriate by the development team. The attached document details a summary of feedback received from the primary care reviewers, and the changes made as a result:

Document	Description
FOI2026-3477 – Annex D	Menstrual Health Module Primary Care Review Responses

If you are dissatisfied with this reply under the terms of the Freedom of Information (Scotland) Act 2002, you should contact us again in writing or by email within 40 days of receipt of this response to request an internal review.

If you remain unhappy with the outcome of that internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision within six months of receiving our response. For further information, please visit the Scottish Information Commissioner's [website](#).

Yours sincerely

